

**If God is all powerful can He make something He cannot lift? Being that God is all powerful He can lift anything, yet if He is all knowledge He can make something He cannot lift. The answer to this paradox is found here.**

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## Preface

We've *all* had our share of misfortune, mine have been extreme. I've survived impossible accidents that should have killed me. I was crushed with a thirty-ton, fifty-thousand horsepower overhead crane in a steel foundry, a foot more, and I would have been cut in two. Years later a horribly worse tragedy occurred. Mary Jo, my wife of 20 years, died suddenly in front of me while we were on our first cruise celebrating a second honeymoon. She was only 43, a blood clot hit her heart. My advice to those going through extreme heartache is to keep busy. I'm sure you've listened to friends who said, "I'll be praying for you" or "God will see you through this." I know what I felt after watching the love of my life die in front of me. My total disbelief and immense pain were not relieved by hearing the platitudes about God. I loved her so very much that if it wasn't for our three young children I would have killed myself. For those going through the dark night of the soul know, "This too shall pass." Please understand that God has nothing to do with your perceived loss of love and this was not a trial or judgment for the so-called sins you've committed. When you look back you'll understand the strength you had to get out of bed came from Source. You'll also come to the slow realization that God Is. When you finally understand this truth you'll wake up one morning experiencing an unexpected peace that becomes stronger. You'll find yourself not being upset by anything, *at all*. I know this amazing truth because I'm living it.

The name Christ holds a profound and transformative meaning as It represents our true identity beyond the limitations of the ego and the physical body. In other words, we are not human beings but Christ beings. Jesus's last name is not Christ, it's Jesus of Nazareth. He's a man who perfectly understood he was one with Christ. So are you, so am I and so is everyone. Forever. This manuscript is an explanation of two documents I have studied daily and written about for fifteen years. A Course In Miracles (ACIM-1333 pages) by Helen

Schucman is in my opinion the most profound and truthful spiritual manuscript ever written. Christians are looking for the return of Jesus, he *has* returned via these magnificent writings. Dr. Helen Schucman began receiving the material for The Course quietly over eight years, from 1965 to 1973 at the age of 43. During this time, she was an associate professor of psychology at Columbia University's College of Physicians and Surgeons and the assistant to the head of the Department of Psychology at Presbyterian Hospital in New York City. Schucman said that the book had been dictated to her, word for word, via a process of inner dictation from Jesus. At first, insanity crossed her mind so she asked this voice extremely difficult questions. To her amazement all were answered correctly. This is a self-study spiritual curriculum that presents a way of life based on contact with the Holy Spirit. ACIM teaches what the Bible *truly* means.

The Disappearance Of The Universe was written by Gary R. Renard. It's a record of 17 mind-bending conversations that took place over nearly a decade between Gary and two Ascended Masters who materialized before him in 1992. They revealed some shocking secrets of existence that taught the miraculous powers of advanced forgiveness. He's learning the stock trade and a professional guitar musician. He was in his Maine home during Christmas week and his wife Karen was at work. They have no children. Sitting in his living room, looking out the picture window, two people suddenly appeared and were sitting on the couch. Male and female, Arten and Pursah. This is how the book starts. When I first read this, I thought, "Yeah right, this *has* to be fiction." It's non-fiction. What's most impressive is that his manuscript stays true to the hard-core metaphysics of The Course. If interested I highly recommend reading Gary's writings first.

When I started reading Disappearance, a *huge* red flag occurred. The basis of Christianity for over 2000 years is that Jesus died for our sin. Many born again Christians may not consider these writings because *both* manuscripts declare this is *not* true. All those years ago, I *had* to come to a conclusion about this critical issue before reading any further. I stopped reading and started

praying. After several weeks, the answer came to me immediately after waking from a long, restful sleep and a dream I couldn't remember. I knew the dream had been about Mary Jo but couldn't remember any specifics. At that time she had been dead for seven years. You may not believe this, but I *know* she answered my question. I somehow heard her say to me, "Bob, let's say you had been watching me horribly moan for 10 minutes while I was experiencing a nightmare. You didn't want to suddenly wake me because you know how startled I startle. When I finally came out of it, you asked what the dream had been about. I explained I had been a horrible serial killer who received immense pleasure from skillfully torturing victims for many long hours before granting the release of death. Honey, did I sin against God?" "Of course not, you were dreaming." "There's your answer." I proceeded to resume studying Gary's manuscript and will explain the logic of all this. Bob

## **Chapter 1: This Was Supposed To Be The Epilogue**



Today is 8/1/2024, early in the morning, and I'm experiencing an "Ah, ah continuing moment." I've dedicated countless hours to writing over seventeen manuscripts on A Course In Miracles. I'm deeply familiar with all its teachings, having carefully thought them through to ensure clarity for others. Despite this, I've struggled to help readers fully grasp my points. While Course students understand, others seem to miss the mark. I hope this changes starting now.

You must agree that the subject of God is the most mysterious topic of all. After years of thinking and writing about this subject, I'm going to attempt and make everything I *know* simple for you to understand. My parents were old enough to be my grandparents. Dad was born in 1897 and mom in 1904. I was fortunate to have been raised in a loving home. Mom and dad weren't churchgoers, and the subject of God never came up. They *did* teach a little prayer when I was very young. "Now I lay me down to sleep, I pray to the Lord my soul to keep, if I should die before I awake, I pray to the Lord, my soul to take." So as a toddler, the existence of a higher power was ingrained. When I became older, friends would discuss God. "Where did God come from? I don't believe any of it." I couldn't answer but retained my belief. Today, I simply accept the truth that *God Is*. My knowledge of a higher power has survived countless attacks for 50 years and continues to grow. My perception of this world is changing to wisdom that understands *all* is most perfectly well because of the supreme Love of God. Love is not an emotion but an extremely powerful Force which guides, teaches and sustains.

I've dedicated myself to understanding this Being, driven largely by curiosity. This morning, it struck me that I'm publishing these manuscripts in a world where most people don't even believe in God's existence. They never have, never will, and have no interest in the subject whatsoever. So, should I stop writing? My answer to that is No. The reason I say this is that I've learned more from my writings than anyone else. Make sense? I've been gifted with a logical mind, absolutely no common sense, but a logical mind. Read my book, *Two Faces, One Life: The Journey Within*. It's an autobiography, and you will be amazed at some of the absolutely idiotic, important decisions I've made. I still wonder how I could have been *that* stupid. In college, I aced high-end mathematics, calculus, quantitative methods, geometry and advanced algebra. I was gifted with a mind for math and what I enjoyed about the studies is there are no gray areas. One plus one equals two, pure logic. I should have decided on

engineering as a career, but alas, no common sense. I'm using this same logic while attempting to explain The Course. I've always struggled with the idea of how could a God of Love create a place of endless, unimaginable suffering for all eternity, known as Hell? It just doesn't align with the nature of a loving God. Hell is a concept created by the ego, the misguided part of our mind, to project the enemy outside of ourselves. This way, we fail to recognize that our true enemy is in our mind..

Please humor me for a little while, and somewhat consider the idea that God Is. Forty years ago, I taught a large adult Sunday school. As I explained, I always had a problem with the concept of Hell and never mentioned the subject. ACIM comes along and proclaims Hell does not exist. Way cool. The wars, crime, poverty, corruption, hate, and fear we see in this world every day were never mentioned in class either. I chose to teach and talk about the good, not the bad. ACIM teaches even better news. God doesn't even know about any of those problems because Source isn't even aware of the existence of this entire universe. The Course explains God's first Creation was Christ (not Jesus) and that God's very nature is one of complete extension. To explain the logic of all this I wrote the following fictional story utilizing the teachings of ACIM. The statement about the black hole is of course my imagination.

"Whoa, why is this? Who am I? Another answered, not by voice, but somehow He heard. You're My Son. What's a Son? You're my very first creation. What does creation mean? I'll show You around after a little more creating. You're also My only joy. Astonishingly, He knew what joy is and He felt absolutely wonderful. This Being started to share the very essence of Who He Is, and suddenly, He started to learn and comprehend very, truly, extremely fast. He mysteriously understood atomic forces, protons, electrons, neutrons, neutrinos, recurring and changing inorganic and organic molecules. He comprehended amino acids and the forces that regulate all. Vistas of astonishing beauty opened up for Him. He became ecstatic while gazing at forests, oceans, rivers, lakes,

mountains, skies, worlds, suns, stars, galaxies, and universes. He was everywhere with this magnificent One. He asked, Who are You? I Am was the reply. He instantly comprehended His own name is Christ.

He became aware this is His Father, Whose very nature is to give and teach all He knows, and He knows everything. Christ knew He was not in any way separate or different from God and understands He is not a part of God but an extension of the whole. He knew love must be shared, and the love that is shared in His Father's universe is exquisite and beautiful. Oh, the joy and laughter as They completed One Another. Christ supremely became as powerful, compassionate, wise, knowing, limitless, and most importantly as loving as His Creator. They are inseparable and continue to co-create vast galaxies and universes. However, due to the infinite wisdom of I Am, they stopped short of creating life to populate all that is. In Their beautiful Minds, They knew exactly what to do when God would say the moment was perfect. They envisioned all aquatic life, myriads of different flying species, all animal life, and the harmony of the varying interconnected environments all would live in. Their creations were also to be gifted with the ability to co-create. Each after their own kind. All of this would happen in a nanosecond, just as Christ had been created. There was no concept of time or space for They were everywhere, and They were One. God has created Christ to be exactly like Himself and to share His eternal love and joy in a state of unencumbered, boundless, and unimaginable ecstasy. Any question the Son asked was instantly answered as Their communication was perfect.

Then somewhere, somewhen Christ asked a question that was *not* answered. What? Why? The question was like, "What else is there?" or "What would it be like to go out and play by Myself?" I Am did not answer because there *is* nothing else, but God's perfect creation. The Divine Son became horrified, certainly an awful new feeling previously unknown. He mistakenly thought His perfect communication was completely gone. Then He experienced a vastly more terrible knowing. Fear. Christ instantly created a universe of His own



where He could hide. The Big Bang occurred, composed of billions of fragments. He needed somewhere deeper to escape, so He made the first human bodies after His Own Image and placed His magnificent Mind into all of them. The first ego was spawned. This Mind believes that it is completely on its own. Christ also actualized all the animal life, countless aquatic creatures, the avian companions, and the harmonious environments they would all co-create in. The idea of duality could not be carried out in God's Reality, so Christ created a universe of illusion and entered it as if falling asleep and dreaming.

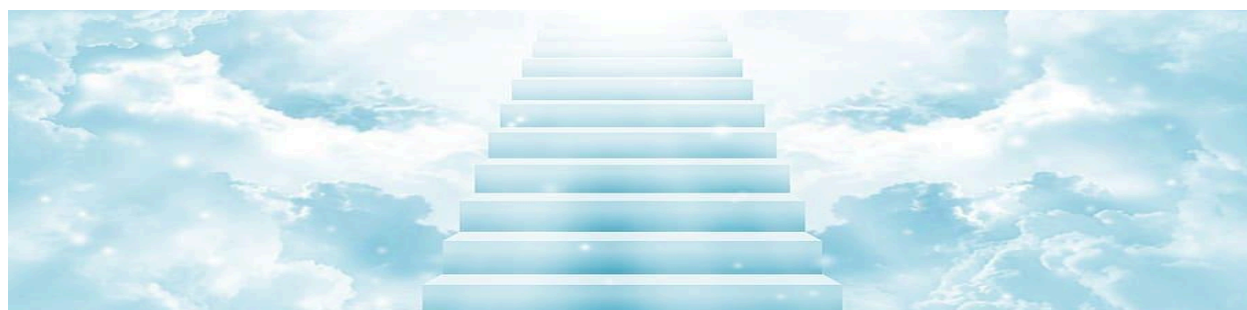
Because They were no longer perfectly communicating God thought, "My Child is asleep and must be awakened." *But there was a major problem.* Whatever God places His attention on becomes as if it is real. If God entered the dream to redeem His Son, then the dream would become real to Him as well, and He would also be trapped. There would be the risk of both the Father and the Son becoming eternally separated from their true Home and losing Their Identity. In other words, if God Himself were to acknowledge anything except the idea of perfect oneness, then there would no longer *be* perfect oneness. To solve the problem and allow God to keep His attention focused on Reality, He created a special agent, the Holy Spirit, Who would be a bridge between the two states of existence and the answer to the perceived separation. The Spirit was created with the miraculous ability to view God's perfect Heaven while also viewing the Son's imperfect dream. The Holy Spirit knew the original Christ Mind had created a black hole and was attempting to achieve nothingness, His fear was *that* immense. The brilliant light of God completely shattered the darkness and Christ began to love Himself again and woke up in the Heaven He never left.

So now Christ who is once again learning from the Father is thinking, "I've learned much from my first question of "Whoa, why is this?" I must help the children I have made who are sleeping." Thus enters Jesus into our dream illusion. The Son thought, "I'll have Jesus be born of a virgin, and he'll be able to perform what my children will call miracles." Christ knew He had been healed by

the Holy Spirit, so the same Spirit conceived Jesus in Mary's womb. Furthermore, Christ reasoned, "I'll ask the Holy Spirit to descend on Jesus in the form of a dove after he's baptized by John. I'll have him led into the desert immediately after his baptism and live for 40 days and nights without food or water." He knew His children would mistakenly think the reason was to be tempted by a Satan which doesn't exist. Christ also thought, "I'll have Jesus trained in the wilderness to only listen to the Holy Spirit; thus his ego will be totally eliminated. Jesus will be the only one in time who will completely manipulate his dreaming. He'll walk on water, calm the seas, feed the multitudes, explain magnificent spiritual truths, heal the paralyzed, the blind will see, the deaf will hear and best of all, he'll raise the dead. This will prove to my children that death is an illusion, especially after he will live again after his crucifixion." He knew unfortunately His children would think he died for their sins. My Father knows nothing about my false universe and doesn't even know what sin is. He understands, "I'll have the same Holy Spirit Who healed Me, have Jesus thoroughly understand he is One with Me as I am One with Our Father. My creations will eventually understand the same Truth. When the last mind is healed and the false universe vanishes, My Father and I will receive great pleasure and joy in teaching our beautiful Children the perfection of Their being. Forever. They'll understand Love is not an emotion but the most powerful force in all creation.'"

This is the end of my little story, let's reason together to understand what this all means to humanity in 2024.

## **Chapter 2: What Does This All Mean?**



There is a vast difference between being spiritual and religious. Spirituality is for those who have experienced a hell of sorts, the religious are those afraid of going there. I'm the former. As I reflected on my thoughts, it became clear to me that we are destined to become Co-Creators with God. This insight came despite my ego's persistent claims that such a belief is madness. Reason suggests that Christ is far more than a mere name; it represents a state of *being*. In essence, when we awaken from our dream in the Heaven we've never left, we will joyfully realize that we are no longer human beings but Christ beings. Jesus explained to Helen in ACIM that he is not to be worshiped, just highly respected. The only difference between him and us is what is potential for us is his Reality. *He has God and nothing else*. Jesus explained in the Course that he set in motion over 2000 years ago the principle of the Atonement. This is the knowing that the *one* problem that ever existed was *perfectly* solved. We are not separate from God in any way, never have been and never will be. This is impossible for we are One with Source and have simply forgotten.

Let's say you and I are strangers and enjoying a cold beer on a hot summer afternoon in a quiet little bar. We strike up a conversation and after an hour the alcohol is mildly kicking in. I say, "Our discussions are quite enjoyable, I'd like you to know something about me." "What's that?" "I'm perfect." Suddenly you remember you have an errand to run for your wife and can't miss dinner. While driving home your thinking, "Wow does that guy have issues, he needs professional therapy." However, perhaps you happen to be God. The response would be, "Thank you my Son, I know, because this is how I created you." If God made anything imperfect He/She would no longer be perfect, therefore we *are* perfect. Yes we make mistakes in our dreams, but this doesn't negate our perfection in Heaven.

A bit of trivia, Jesus had been married to Mary. Under Jewish law, only the wife could anoint the body. As I mentioned earlier, eventually we will evolve into a Co-Creator God Consciousness Being. It is a natural process to unfold into this

state. There is so much we can learn by observing nature and all her teaching lessons. In all of nature, there is never a hurry to quicken a process as everything is always perfect in every moment and when the time is right, the rose will bloom. The Universal Christ Mind is constantly communicating with all creation in every moment. For the kingdoms without free will, this connection is called innate intelligence when the guidance comes directly from the Universal Mind. The guidance for a beaver to build a dam, a bird to build a nest, a flock of birds to fly in a V Formation, the spider to spin her web, or the hibernation of animals in the winter. The timing always comes perfectly. All these life forms are always in Christ's presence in every moment. This guidance is perfect, and it represents harmony, balance, order, and unity for the good of all. Nature comes together to represent the synchronicity of the Oneness as life unfolds. These kingdoms, mineral, plant, insect, animal, and angelic, do not have free will and are directly connected to the Christ Mind and stay consciously aware at every moment. Everyone on Earth is also directly connected to this Mind but have not yet learned to stay consciously aware in each moment. Before coming to Earth we were also connected to the Son's Mind through Innate Intelligence, but when we came to Earth we were gifted with free will, the ability to manifest using a conscious mind and learning to discern using the five senses and reasoning. Once understanding we are always connected to the Universal Mind and never separated from the Oneness of life, we'll learn to trust our feelings and reconnect to understand our perfection.

Gary Renard's books are incredible, and he's also the author of *Your Immortal Reality*. In his writing, Gary explains, "Imagine you're watching TV and you forgive a news story you see. The Holy Spirit then spreads your forgiveness throughout the mind that projects the universe, and through the projection itself. This act cuts through unconscious guilt and its karmic projections like a laser beam, affecting all your past and future lives, every dimension of time, and every parallel universe that seems to exist. As you practice forgiveness, the Holy Spirit

collapses time, erasing the lessons you would have needed to learn. Although you might think, “This is boring, nothing’s happening,” something extraordinary *is* happening. Our ego is like an onion, peel away a layer and it still looks and smells like an onion. The more you forgive vast layers of the ego are being peeled away, and your ego is disappearing. If you persist in practicing forgiveness, you’ll eventually reach the final layer of the onion. Once that layer is gone, the onion and the ego vanishes completely. After your final forgiveness lesson, the ego is gone; it’s been undone, and there’s nothing left to interfere with your experience of Who You Are. There’s no reason for you to reincarnate in your dream. Practicing forgiveness the way that we will continue to instruct you is how to break the cycle of birth and death. Perhaps a close friend was planning on stealing from you tomorrow, but this does not happen. The reason being you had already forgiven a closer friend who had stolen in the past. A lesson learned does not need repeating.” Your Immortal Reality.

Each time a baby appears to be born into this world, it is merely reliving the time when it seemed to leave its perfect environment in God, where all was Nirvana, and it was completely taken care of and provided for, and then suddenly found itself slapped in the face by a seeming reality that was a living hell by comparison. We may consider birth to be a miracle, but babies don’t come into this world smiling, do they? They come in crying and screaming. The mind that is reliving the seeming separation has actually fallen asleep and is dreaming an idle, insignificant dream, or nightmare because anything that seemed to be apart from Heaven would have to be symbolic of an opposite to Heaven. It would thus seem to include opposite characteristics. There’s no doubt we *believe* we’re experiencing reality here. We must be shown the way out of this experience. Our “asleep at the wheel mind” doesn’t know it, but it’s going to wake up in the equivalent of a cosmic instant. That is because the Voice for God and Heaven, which we now understand is the Holy Spirit, is always with us to remind us of the truth and call us to return. This fail-safe memory of who we really are can never

be lost, making an awakening to the Reality of Heaven completely inevitable. We have the power to choose the memory and strength of God *or* something else instead. That is what the part of our mind that decides did immediately after the seeming separation. Out of shock, fear, and confusion, it made a series of unwise choices that resulted in us appearing to be here. We still don't realize that, given the remarkable power of the mind, certain choices made by us could end the seeming separation, and could have at any time. This means that we are capable of accomplishing it, with beautiful help from The Holy Spirit. God could not have created this world. It would not be in His nature for He is not cruel. If this were the real world, God would be cruel, for no Father could subject His children to this as the price of salvation and be loving.

ACIM states that it is even beyond its teachings to fully explain what Love actually is. However, with logic and reasoning we are given glimpses. Let's discuss a Love that is absolutely perfect. A Love that is beyond purity, immeasurably magnificent and beautiful, immense total power, all knowing, all seeing, everywhere, outside of time, forever unchanging, cannot conceive of any loss, eternal, and always giving an unlimited joy and contentment and happiness. Totally complete in and of Itself, with a perfect light that extends to all existence. We are a part of this forever. You might wonder what happens to someone like Jeffrey Dahmer at the moment of death. According to what I've read, each of us is accompanied by two or three spiritual advisors who review our life experiences with us after we've transitioned from the body. We're shown both the good and the bad. At this point, we are asked, "Would you prefer to go back into a body?" A mass murderer would respond, "I lived a terrible life and now understand the immense suffering I caused, especially to the loved ones of my victims. I need to return as a baby and endure torture and death to truly grasp the horror I inflicted." Reincarnation, as experienced in our dreams, serves as a mechanism for continued learning, correcting our mistakes, and ultimately allowing us to achieve perfection in forgiveness. Jesus told a parable in the Bible called the Prodigal

Son. A king's son took his vast inheritance and went to a far land, squandering all his wealth on wine and women, he became impoverished. He thought, "My father's servants live far better than this, so I'll return and beg for forgiveness. Perhaps I can work in a vineyard." The king became aware his son was returning and said, "Prepare a feast, my son was lost, but now is found." A few days ago, the thought occurred to me that Christ was the first Prodigal Son. After He was healed, Christ must have understood something also previously unknown, what it *felt* like to be forgiven. Although God doesn't forgive because He sees nothing *to* forgive, Christ knows what He *felt*. While being crucified, Jesus said, "Father forgive them, for they know not what they do." He said this, to place into the collective human psyche, the extreme importance of forgiveness.

We are *all* bi-polar, the right side of our mind is based on Spirit and love, the wrong side is based on ego and fear. Fear of what? In the deepest part of our subconscious we fear God. This is our ego's most absolutely insane idea of all. Once we have achieved perfection in forgiveness God will awaken us. How can we help? Don't feed our ego. Everytime we're worried, upset, jealous, angry or afraid we're feeding our ego. Know this. Also, never talk to it because this makes it real and it's not. Your ego made your body as a fence to keep God out. When you consciously give your mind to the Holy Spirit the body becomes a wonderful vehicle to heal God's Son, which we *all* are. What higher calling or more beautiful purpose could we possibly have? Pray everyday, "Holy Spirit for my highest good and the highest good of all please grant perfection in listening to the Sacred Silence between my thoughts." This little prayer is astoundingly amazing. I'm finding myself answering questions I didn't even know I had. You'll receive Divine Wisdom and once shared you'll be taught more to share. This is a true miracle and once you experience this you'll *know*. I learned of this powerful prayer after reading, "Mutant Message Down Under", explained in Chapter 14.

When I think of the many attractions of the world and all of its temptations. Peace is now the only one that draws me in. Nothing else makes any sense to

me anymore. Peace brings with it the awareness of the Love of God. I *am* the perfect, loving, and unlimited extension of God. Only my thoughts and beliefs would convince me otherwise. I need only to stay in the peace and silence of this present moment. Everything else disappears from my awareness, and only the Peace and Love of God remain. They were always there shining brightly in the background of my mind and are no longer hidden by the meaningless thoughts and beliefs of a delusional egoistic mind. Don't let the clouds of delusion mask the Light of your Being. Just *be* the Light, for you *are* the Light that you seek. The journey to God is merely the reawakening of the knowledge of where you are always, and what you are forever. It is a journey without distance to a goal that has never changed. Truth can only be experienced. It cannot be described and cannot be explained. I can make you aware of the conditions of truth, but the experience is of God. Truth will dawn upon you of itself, for God Is. Your wholeness has no limits because you are Eternal.

The following is directly from The Course. "Who Is Christ? Who Is The Holy Spirit? What Is The Second Coming? What Is The Final Judgment? What Is The Ego? What Is Creation? Who Am I? What Is Salvation? What Is The Body? What Is Jesus's Purpose? What Is The World?"

### **Chapter 3: Who Is Christ?**





“Christ is God's Son as He created Him. He is the Self we share, uniting us with one another, and with God as well. He is the Thought Which still abides within the Mind that is His Source. Furthermore, He has not left His holy home, nor lost the innocence in which He was created. He abides unchanged forever in the Mind of God. Christ is the link that keeps you one with God and guarantees that separation is no more than an *illusion* of despair, for hope will forever abide in Him. Your mind is part of His, and His of yours. He is the part in which God's Answer lies; where all decisions are already made, and dreams are over. He remains untouched by anything the body's eyes perceive. For though in Him His Father placed the means for your salvation, yet does He remain the Self Who, like His Father, knows no sin. Home of the Holy Spirit, and at home in God alone, does Christ remain at peace within the Heaven of your holy mind. This is the only part of you that has reality in truth. *The rest are dreams.*

Yet will these dreams be given into Christ, to fade before His glory and reveal *your holy Self*, the Christ, to you at last. The Holy Spirit reaches from the Christ in you to all your dreams and bids them come to Him, to be translated into truth. He will exchange them for the final dream, which God appointed as the end of dreams. For when forgiveness rests upon the world and peace has come to every Son of God, what could there be to keep things separate, for what remains to see except Christ's face? And how will this holy face be seen, when it is but the symbol that the time for learning now is over, and the goal of the Atonement has been reached at last? So, therefore, let us seek Christ's face and look at nothing else. As we behold His glory, will we know we have no need of learning or perception or of time, or anything except the holy Self, the Christ Whom God created as His Son.”

## Chapter 4: Who Is The Holy Spirit?



“The Holy Spirit mediates between illusions and the truth. Since he must bridge the gap between reality and dreams, perception leads to knowledge through the grace that God has given Him, to be His gift, to everyone who turns to Him for truth. Across the bridge that He provides are dreams all carried to the truth, to be dispelled before the light of knowledge. There are sights and sounds forever laid aside, and where they were perceived before, forgiveness has made possible perception’s tranquil end. The goal of the Holy Spirit’s teachings is just this end of dreams. For sights and sounds must be translated from the witness of fear to those of love. And when this is entirely accomplished, learning has achieved the only goal it has in truth. For learning as the Holy Spirit guides it to the outcome He perceives for it, becomes the means to go beyond itself, to be replaced by the Eternal Truth.

If you but knew how much your Father yearns to have you recognize your sinlessness, you would not let His Voice appeal in vain, nor turn away from His replacement for the fearful images and dreams you made. The Holy Spirit understands the means you made by which you would attain what is forever unattainable. And if you offer them to Him, he will employ the means you made for exile to restore your mind to where it truly is at Home. From knowledge, where He has been placed by God, the Holy Spirit calls to you, to let forgiveness

rest upon your dreams and be restored to sanity and peace of mind. Without forgiveness, will your dreams remain to terrify you. And the memory of all, your Father's love, will not return to signify the end of dreams has come. Accept your Father's gift. It is a call from Love to Love, that it be but Itself. The Holy Spirit is His gift by which the quietness of Heaven is restored to God's beloved Son. Would you refuse to take the function of completing God, when all He wills is that you be complete?"

*The Holy Spirit descended on Jesus in the form of a dove after he was baptized by John. Bob*

## **Chapter 5: What Is The Second Coming?**

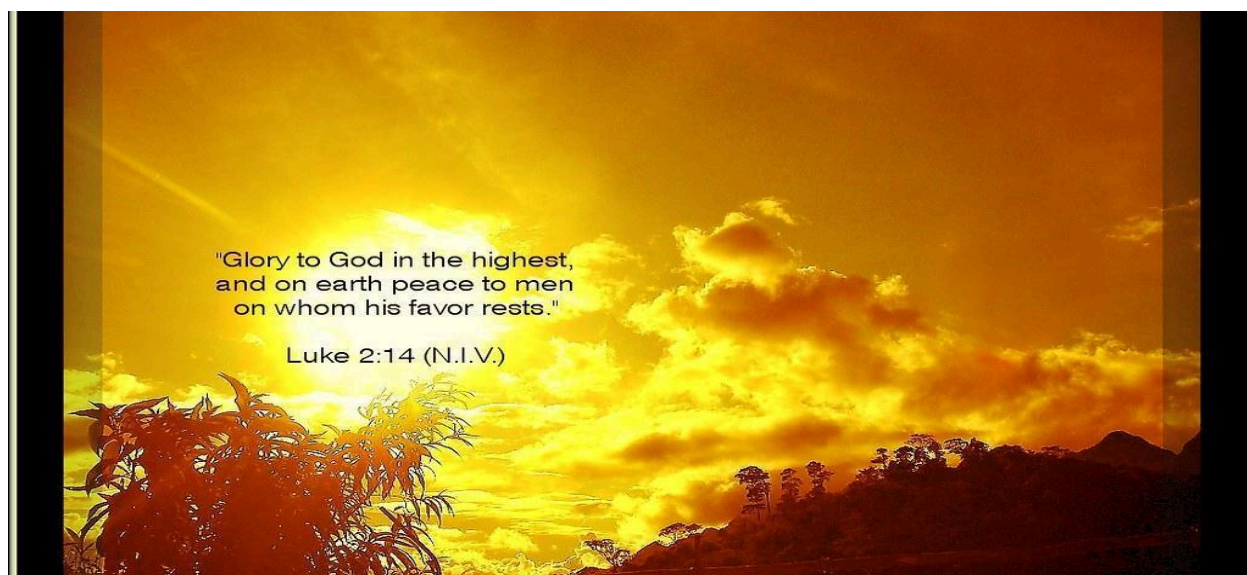


"Christ's Second Coming, which is sure as God, is merely the correction of mistakes and the return of sanity. It is a part of the condition that restores the never lost and reestablishes what is forever and forever true. It is the invitation to God's Word to take the illusion's place; the willingness to let forgiveness rest upon all things without exception and without reserve. Furthermore, it is the all-inclusive nature of Christ's Second Coming that permits it to embrace the world and hold you safe within its gentle advent, which encompasses all living things with you. There is no end to the release the Second Coming brings, as God's creation must be limitless. Forgiveness lights the Second Coming's way because it shines on everything as one. And thus is oneness recognized at last.

The Second Coming ends the lessons that the Holy Spirit teaches, making way for the Last Judgment, in which learning ends in one last summary that will extend beyond itself and reaches up to God. The Second Coming is the time in which all minds are given to the hands of Christ, to be returned to spirit in the name of true creation and the Will of God.

The Second Coming is the one event in time which time itself cannot affect. For everyone, whoever came to die, or yet will come, or who is present now, is equally released from what he made. In this equality is Christ restored as one Identity, in which the Sons of God acknowledge that they are one. And God the Father smiles upon his Son, His one creation and His only joy. Pray that the Second Coming will be soon, but do not rest with that. It needs your eyes and ears and hands and feet. It requires your voice, and most of all, it requires your willingness. Let us rejoice that we can do God's Will and join together in His holy light. Behold, the Son of God is one in us, and we can reach our Father's Love through Him."

## **Chapter 6: What Is The Final Judgment?**



"Christ's Second Coming gives the Son of God this gift: To hear the Voice of God proclaim that what is false is false, and what is true has never changed.

And this judgment is where perception ends. At first, you see a world that has accepted this as true, projected from a now-corrected mind. And with this holy sight, perception gives silent blessings and then disappears, its goal accomplished and its mission done.

The Final Judgment on the world contains no condemnation. For it sees the world as forgiven, without sin, and wholly purposeless. Without a cause, and now without a function in Christ's sight, it merely slips away to nothingness. There it was born, and there it ends as well. And all the figures in the dream in which the world began go with it. Bodies now are useless, and all will therefore fade away because the Son of God is limitless.

You who believed that God's Last Judgment would condemn the world to hell along with you, accept this Holy Truth: God's Judgment is the gift of Correction He bestowed on all your errors, freeing you from them and all effects they ever seemed to have. *To fear God's saving grace is but to fear complete release from suffering, return to peace, security, happiness, and union with your own Identity.* God's Final Judgment is as merciful as every step in His appointed plan to bless His Son and call Him to return to the eternal peace He shares with Him. Be not afraid of love. For it alone can heal all sorrow, wipe away all tears, and gently waken from his dream of pain the Son whom God acknowledges as His. Be not afraid of this. Salvation asks you to give it a welcome. *And the world awaits your glad acceptance, which will set it free.* This is God's Final Judgment: You are still My holy Son, forever innocent, forever loving, and forever loved, as limitless as your Creator, and completely changeless and forever pure. Awaken and return to Me. I am your Father and you are My Son."

## Chapter 7: What Is The Ego?



“The ego is idolatry; the sign of a limited and separated self, born in a body, doomed to suffer and to end its life in death. It is the “will” that sees the Will of God as an enemy, and takes a form in which it is denied. The ego is the “proof” that strength is weak and love is fearful, life is death, and what opposes God alone is true. The ego is insane. In fear, it stands beyond the Everywhere, apart from All, in separation from the Infinite. In its insanity, it thinks it has become victor over God Himself. And in its terrible autonomy it “sees” the Will of God has been destroyed. It dreams of punishment, and trembles at the figures in its dreams; its enemies, who seek to murder it before it can ensure its safety by attacking them.

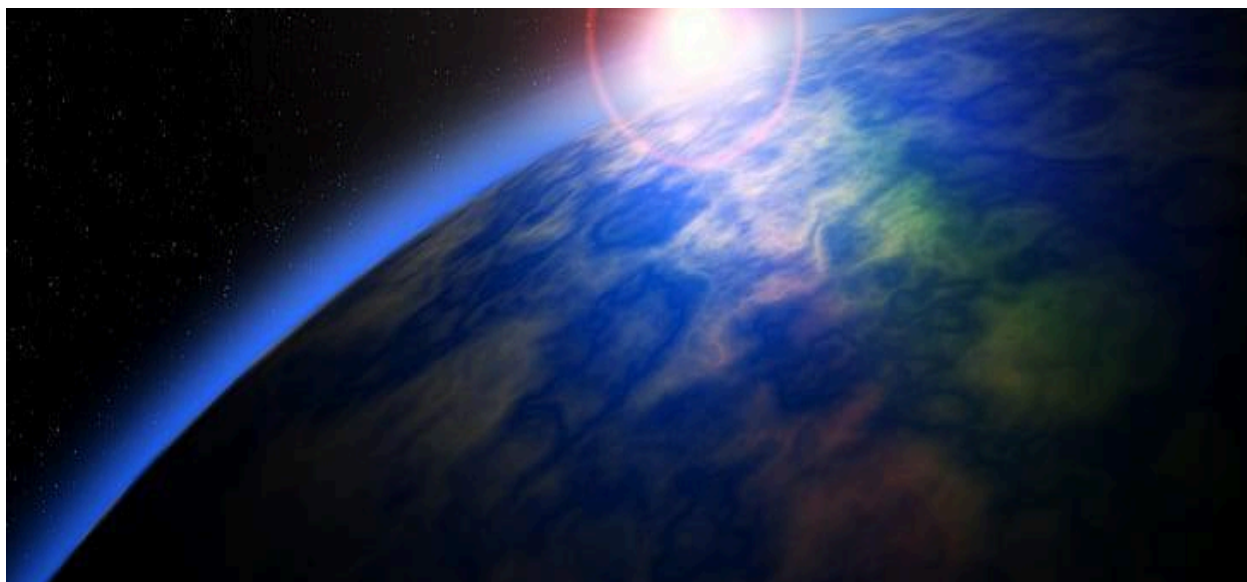
The Son of God is egoless. What can He know of madness and the death of God when He abides in Him? What can He know of sorrow and suffering when He lives in eternal joy? What can He know of fear and punishment, of sin and guilt, of hatred and attack, when all there is surrounding Him is everlasting peace, forever conflict-free and undisturbed, in the deepest silence and tranquility? To know Reality is not to see the ego and its thoughts, its works, its acts, its laws and its beliefs, its dreams, its hopes, its plans for its salvation, and the cost belief in it entails. In suffering, the price for faith in it is so immense that the crucifixion of the Son of God is offered daily at its darkened shrine, and blood



must flow before the altar where its sickly followers prepare to die. Yet will one lily of forgiveness change the darkness into light; the altar to illusions to the shrine of Life Itself. And peace will be restored forever to the holy minds which God created as His Son. These minds are His dwelling place, His joy, His love and completely One with Him.”

The *knowing* of this happens Now, in what ACIM calls the Holy Instant. Our true remembrance occurs when we do not dwell on our imagined past or worry about the future’s problems. The *only* perceived problem was perfectly resolved eons ago. We live forever and will never be separate from Source’s Divine Love.

## **Chapter 8: What Is Creation?**



“Creation is the sum of all God’s Thoughts, infinite in number, and everywhere without all limits. Only Love creates, and only like Itself. There was no time when all that It created was not there. Nor will there be a time when anything It created suffers any loss. Forever and forever are God’s Thoughts exactly as they were and as they are, unchanged through time and after time is done. God’s Thoughts are given all the power that their own Creator has. For He would add to Love by its extension. Thus, His Son shares in creation, and must therefore share in the power to create. What God has willed to be forever one will

still be one when time is over, and will not be changed over time, remaining as it was before the thought of time began.

Creation is the opposite of all illusions, for creation is the Truth. Creation is the holy Son of God, for in creations is His Will complete in every aspect, *making every part container of the Whole*. Its oneness is forever guaranteed inviolate; forever held within His holy Will, beyond all possibility of harm, separation, imperfection, and of any spot upon its sinlessness. *We are creation; we are the Sons of God*. We seem to be discrete, and unaware of our eternal unity with Him. Yet back of all our doubts, past all our fears, there still is a certainty. For Love remains with all Its Thoughts, Its sureness being theirs. God's memory is in our holy minds, which know their oneness and their unity with their Creator. *Let our function be only to let this memory return*, only to let God's Will be done on earth, only to be restored to sanity, and to be but as God created us. Our Father calls to us, We hear His Voice, and we forgive creation in the Name of its Creator, Holiness Itself, holiness His creation shares; Whose holiness is still a part of us."

## **Chapter 9: Who Am I?**



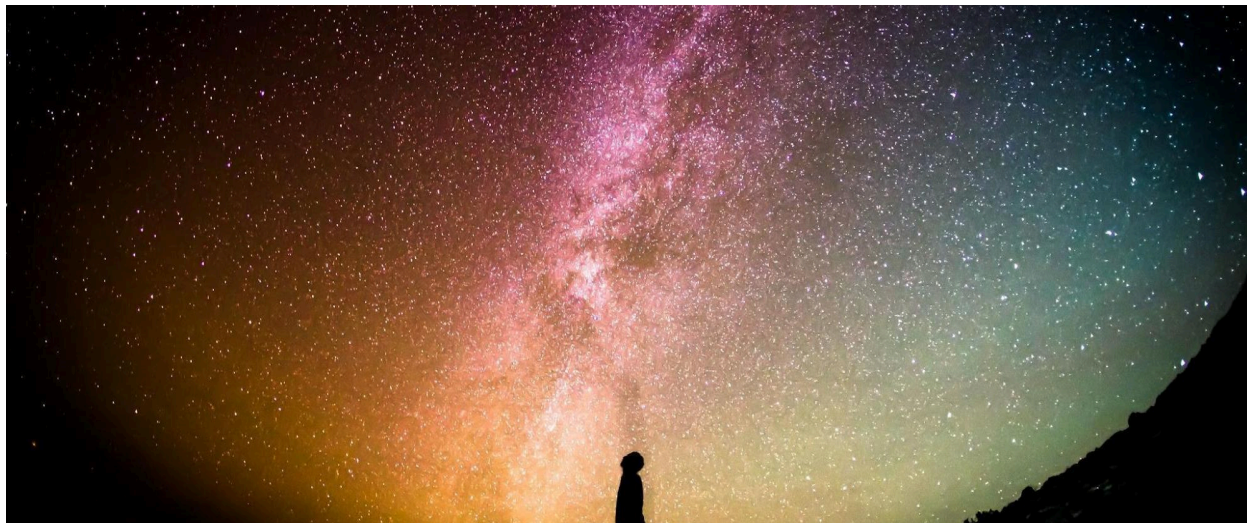
"I am God's Son, complete and healed and whole, shining in the reflection of His Love. In me is His creation sanctified and guaranteed eternal life. In me is love perfected, fear impossible, and joy established without opposite. I am the holy home of God Himself. I am the Heaven where His Love resides. I am His



holy Sinlessness Itself, for in my purity abides His Own. Our use for words is almost over now. Yet in the final days of this one year we gave to God together, you and I, we found a single purpose that we shared. And thus you're joined with me, so what I am is you as well. The truth of what we are is not for words to speak of nor describe. Yet, we can realize our function here, and words can speak of this and teach it, too, if we exemplify the words in us. *We are the bringers of salvation.* We accept our part as saviors of the world, which through our joint forgiveness is redeemed. And this, our gift, is therefore given to us. We look on everyone as brothers, and perceive all things as kindly and as good. We do not seek a function that is past the gate of Heaven. *Knowledge will return when we have done our part.* We are concerned only with giving welcome to the truth. Ours are the eyes through which Christ's vision sees a world redeemed from every thought of sin. Ours are the ears that hear the Voice for God proclaim the world as sinless. Not only that, but ours are the minds that join together as we bless the world. And from the oneness that we have attained, we call to all our brothers, asking them to share our peace and consummate our joy. We are the holy messengers of God who speak for Him, and carrying His Word to everyone whom He has sent to us, we learn that it is written on our hearts. And thus our minds are changed about the aim for which we came, and which we seek to serve. We bring glad tidings to the Son of God, who thought he suffered. And as he sees the gate of Heaven stand open before him, he will enter in and disappear into the Heart of God." Jesus

Awakening is not accomplished through the death of the body. Our Soul is eternal and cannot die. Therefore, if our Soul is not awakened at the point in time when we drop the physical body, it will simply create another body in which to continue its journey to awakening. Yet one thing is certain, as promised by God. *We will* awaken to the Truth that *we are exactly as God created us.* What we are experiencing now is being awake *within* the dream. Soon, we will awaken *from* the dream. Bob

## Chapter 10: What Is Salvation?



“Salvation is a promise made by God that you would find your way to Him at last. It cannot but be kept. It guarantees that time will have an end and all the thoughts that have been born in time will end as well. God's word is given to every mind which thinks that it has separate thoughts, and will replace these thoughts of conflict with the Thought of peace. The Thought of peace was given to God's Son the instant that his mind had thought of war. There was no need for such a thought before, for peace was given without opposite, and merely was. But when the mind is split, there is a need for healing. So the Thought that has the power to heal the split became a part of every fragment of the mind that was still one, but failed to recognize its oneness. Now it did not know itself and thought its own identity was lost.

Salvation is undoing in the sense that it does nothing, failing to support the world of greed and malice. Thus, it lets illusions go by not supporting them, it merely lets them quietly go down to dust. And what they hid is now revealed; an altar to the Holy name of God whereon His Word is written, with the gifts of your forgiveness laid before it, and the memory of God not far behind. Let us come daily to this holy place, and spend a while together. Here we share our final dream. It is a dream in which there is no sorrow, for it holds a hint of all the glory

given us by God. The grass is pushing through the soil, the trees are budding now, and birds have come to live within their branches. Earth is being born again from a new perspective. Night is gone, and we have come together in the light. From here we give salvation to the world, for here salvation was received. The song of our rejoicing is our call to all the world that freedom is returned, that time is almost over, and God's Son has but an instant more to wait until his Father is remembered. Dreams are done, eternity has shone away the world, and only Heaven exists." *Salvation is Transcendence.*

## Chapter 11: What Is The Body?



"The body is a fence the Son of God imagines he has built to separate parts of his Self from other parts. It is within this fence he lives, to die as it decays and crumbles. For within this fence he thinks that he is safe from love. Identifying with his safety, he regards himself as what his safety is. How else could he be certain he remains within the body, keeping love outside? The body will not stay. Yet, this he sees as double safety. For the Son of God's impermanence is "proof" his fences work and do the task his mind assigns to them. For if his oneness still remained untouched, who could attack and who could be attacked? Who could be Victor? Who could be his prey? Who could be the victim? Who is the murderer? And if he did not die, what proof is there that God's eternal Son could be destroyed?

*The body is a dream.* Like other dreams, it sometimes seems to picture happiness. But can quite suddenly revert to fear, where *every dream is born*. For only love creates in truth, and truth can never fear. Made to be fearful, must the body serve the purpose given it. *But we can change the purpose that the body will obey by changing what we think that it is for.* The body is the means by which God's Son returns to sanity. Though it was made to fence him into hell without escape, yet has the goal of Heaven been exchanged for the pursuit of hell. The Son of God extends his hand to reach his brother and to help him walk along the road with him. *Now the body is holy.* Now it serves to heal the mind that it was made to kill. You will identify with what you think will make you safe. Whatever it may be, you will believe that it is one with you. Your safety lies in truth and not in lies. Love is your safety. Fear does not exist. Identify with love and you are safe. Identify with love and you are Home. Identify with love and find yourSelf."

## **Chapter 12: What Is Jesus's Purpose?**



"This Jesus, once again, is on an entirely different level than the body called Jesus which is portrayed in the gospels. As such, the name of Jesus is but a symbol, but one that stands for the love that is not of this world. In A Course in Miracles, Jesus speaks about himself: I am responsible for the process of Atonement, which I undertook to begin, two thousand years ago in the region of Palestine. The figure we call Jesus manifested this Atonement principle, by virtue



of introducing to people the idea that identity is not about a body, but about spirit. Jesus clarifies it that in essence, he does not differ from us, and that he should be regarded as an elder brother. An elder brother is entitled to respect for his greater experience and obedience for his greater wisdom.”

### **Chapter 13: What Is The World?**



“The world is a hypnotic enslavement for God's Son, keeping him bound by his own thinking and thoughts. It is a dry and dusty place where starved and thirsty creatures come to die. The purpose of the world as stated in A Course In Miracles is for it to be used to correct our unbelief. Jesus asks that we use the world to heal the separation. We repurpose the world and use it to learn forgiveness. So now the world becomes your multidimensional classroom to learn that you never left God and that the separation was healed. Through the Holy Spirit, the world is used as a teaching device for bringing you Home. The world is an illusory realm where God's Son, *that's you*, Awakens to his Eternal Innocence. The world is not left by death but by truth, and truth can be known by all those for whom the Kingdom was created, and for whom it waits.”

## Chapter 14: Mutant Message Down Under



Consider reading “Mutant Message Down Under.” The author is Marlo Morgan, non-fiction. *Indigenous peoples all around the globe are offering the valuable insights they’ve known for centuries to the world.* I read it years ago and still utilize a prayer it taught me. She was a healthcare professional and did a lot of charitable work for the Aborigines in Australia. After several years, she was given an honor never offered. The Aborigines asked her to come to an awards ceremony. She flew to Australia and drove hours out into the vast desert to meet them. The first thing they did was burn her clothes, wallet, credit cards and have her dress as they do. The Chief offered her a great honor, to live with them for 3 moons, which is 3 months, in the desert. She accepted and after the first day of walking, had second thoughts. Her feet were bloodied and blistered as she was barefoot. The ladies put some natural salves on which healed better than any pharmaceutical would have. She was walking the next day with no pain, her feet became very calloused.

What she witnessed was astounding. They communicate via telepathy. She had been a moon in when the chief unusually stopped the tribe. He had received a message in his mind. The hunter had become ill after killing a kangaroo. He asked permission to cut off the tail so it would be lighter to carry. After several days he came into camp with the tailless kangaroo and was very sick. Two weeks later a man fell off a 30-foot cliff and shattered the femur in his

leg. The largest bone in the body had broken through his skin and was snapped in two. Marlo witnessed what the tribe healer did. After administering the same salve, she placed her hands around the injury. Astonishingly an energy of light came from her hands to the fracture and the bone mended together with the skin covering over. The very next day he was walking normally as if nothing had happened. The *exact* same injury happened to me, I was in orthopedics for 3 months and off work a year. She observed many other astounding occurrences that left her amazed with how spiritual they are. The entire tribe has a deep connection with the Divine thus explaining the miracles she witnessed. The Aborigines own no property or homes. They're extremely healthy and live very long lives. The society experiences no wars or crime. They have no prisons, no hospitals, no governments and no drug problems. They refer to us as mutants because we live soft, sheltered lives with little or no interest in God.

What I thankfully learned was how they pray. Every morning they petition, "Great Spirit, for my highest good and the highest good of all, please help us find substance to survive." They live in the middle of a vast and desolate desert. Fifteen years ago my unemployment had ended. I was forced into bankruptcy and lost two properties. I had to rent and after two years the owner informed me I must move because the rental was being sold. My credit rating was shattered because of the bankruptcy thus I could not find any rental complex to approve me. I was desperate and had just finished reading *Mutants*. I thought OK, let's try this. I prayed, "Holy Spirit, for my highest good and the highest good of all, please find me a job and a place to live." *That very day*, I found a job and a place to live. Please understand and pray from the heart. The Holy Spirit knows what you truly need. If you pray for a new car, I doubt anything will happen. I recently started a nightly prayer, especially when my mind is churning. I pray, "Holy Spirit, for my highest good and the highest good of all, please grant perfection in listening to the Sacred Silence between my thoughts." Try this. You may not immediately experience what I do, but you *will* find yourself asking fewer

questions and a growing awareness of God's Infinite Love and Peace.

A peaceful mind is no small gift. Remember, God is changeless and loves you the same today as the moment you were born. Our growing awareness is a great blessing, a miracle. As we learn to love ourselves because we were created by love we start extending unconditional love to others. Always give to those in need, expecting nothing in return. A growing peaceful mind should also be extended by never becoming upset. When another strikes you either physically or verbally, they expect you to strike back. When you don't, you'll *really* upset their mental apple cart because you're doing the exact opposite of what they expected. Just maybe, if they're on the receiving end down the road, they'll act differently remembering your response. This is what Jesus referred to as turning the other cheek. The Aborigines enjoy extremely peaceful lives because of their strong and unwavering faith in God. I learned a great deal from Marlo's manuscript and the wisdom shared has increased my quality of life.

## **Chapter 15: Johnathan Livingston Seagull**



Jonathan Livingston Seagull is a book by Richard Bach that tells the story of a seagull named Jonathan who is on a journey to perfect his flying skills. The book contains many spiritual themes and ideas, and readers may find similarities between its teachings and those of A Course In Miracles. Jonathan Livingston Seagull was written in 1970. The little manuscript became a New York Times



bestseller.

As a young gull, Jonathan did what every other gull did. All day, every day, he would fight other gulls to get the fish scraps thrown off the boats. As he grew older, he'd had enough, there must be a better way to live than this. He started practicing flying. Every day as he practiced more and more, he became quite fast. The other gulls thought he was very strange, and he became an outcast. This didn't matter to Jonathan, at all. He practiced wing trim, spin dives, tail dives and advanced aerodynamics for a bird. He broke the sound barrier and because of his great speed he could dive very deep and capture the best fish. He could also fly very high for tasty insects. He lived to a ripe old age and one day a baby gull flew into his path. He swerved and flew into a cliff at a very high speed. He died. Next, the Great Gull was standing beside him and said, "Well Jonathan, your method of leaving time was a little abrupt, let's continue your training." He reached the point of thinking of being somewhere and instantly he was there.

This is my take on this beautiful story. All of his life, Jonathan strove to achieve perfection in flight. Because of his dedication, he ate better and lived better than all the other gulls. I happen to be a Christian, and I feel this is analogous to a Christian's life. A little side note, I am a Christian of a different color. I don't believe Jesus died for my sin to save me from an eternal hell which does not exist. I have and continue to live my life by the standards he set. He lived a perfect life. His only enemies were the religious hierarchy. He was caring, kind, generous, truthful, helpful, forgiving, honest and loving. As we strive to achieve perfection in these traits, we, like Johnathan, live better. If everyone alive today, all 8 billion of us, would simply live by, "Do unto others as you would have others do unto you."; here's what would happen. We would have no more wars, prisons, poverty, crime, or homelessness. We would have no need for locks or passwords. Doing just that. Think about it, it's true.

## Chapter 16: The Ultimate Near-Death Experience



“My Dream of Heaven” is a book by Rebecca Ruter Springer, originally titled “Intra Muros”. It was written in 1898 and is considered a nineteenth-century spiritual classic. The book is a vision of Heaven that was given to Springer during a time of pain and severe illness. She was unconscious for several days as she received the vision, which covers a period of years. Springer intended the book to offer comfort and hope to readers, and it has inspired generations of Christians for over 100 years. The book captures Biblical truths with emotional impressions and portrays the beauty of Heaven as an imperfect sketch of a most perfect vision. Springer’s story continues to accomplish her goal of offering hope and comfort to those searching for answers about the afterlife. The words of the author best set the stage for this beautiful treasure, which contains two missing chapters that have not appeared in print in more than 100 years.

The manuscript was given to me over 22 years ago by my best friend's wife who had terminal liver cancer. Dave took me into their dining room where we waited for 20 minutes. Robin painfully shuffled out and sat down. She weighed 93 pounds, was only 43 and had a port implanted in her sternum. Her wrists looked like pencils and her skin color was deathly pale. However her countenance was breathtaking and glowing. She sat down at the kitchen table and was absolutely joyful. No poor me or why is this happening. She said, “God could heal me if He

wants, but I've got a big mouth, maybe He wants to use me from the other side." They didn't attend a regular church but enjoyed a remarkable faith. Two months after she gave me the manuscript, Robin died. I highly recommend for all who have read it come to the same conclusion that It's much too beautiful for the human mind to simply have made up. The small manuscript is truly Inspired and Divine. Following are some excerpts.

Rebecca died and was carried to Heaven by her uncle who had transitioned as an officer in the Civil War. He set her down in a beautiful meadow. She said one could get lost in the perfection of a single rose and was surprised to see herself wearing a beautiful white gown which somehow shimmered. They waded into a river and the water came up to their throats. She said, "Stop! We'll drown". The earth thoughts persisted. He looked at her with a twinkle in his eye and said, "We don't drown here." They went down over 40 feet and talked at length surrounded by beautiful light rays and refractions, like being inside a prism of diamonds. When they came out her hair and gown were instantly dry, and she felt as if she could fly. She did, later.

All the water in Heaven flows from the Throne room of God and prepares the soul for the Celestial Life. She picked a fruit and said the flavor was extraordinary, beyond anything she had ever tasted. The juice squirted on her gown and instantly vanished for nothing impure exists in Heaven. Numerous streets were made of gold and surrounded by magnificent mansions constructed of textured stone, precious woods and beautiful minerals. All had breathtaking lawns and stunning terraces. Jesus said, "In my Father's House there are many mansions." Children came into her home who were artisans, they had delicate tools and planted live roses *in* her marble floors. She was there quite a while, time was meaningless, when she came upon a golden lake. Rebecca said the vista was so stunning that she was barely spiritually strong enough, even in Heaven, to gaze upon the glorious beauty. There were dozens of spectacular boats driven by a technology she wasn't aware of. There is no night, just a

softening of glory. They went to a massive outdoor theater and the dome roof was held up by columns of Jasper and Pearl. Softly singing angelic beings were up in the dome. Martin Luther of the Reformation strode out on stage. He talked of the effects the Lutheran Church had on Europe. All heads were bowed after he spoke, contemplating the wisdom shared. She looked up and out came Jesus. He was dressed in a golden suit and the Glory of God surrounded him. He spoke of the link between the earthly existence and Heavenly life. She said if she had known how the Saints and Angels watched over her in time, she wouldn't have worried so much. Jesus then spoke of how their beginning life in Heaven would be and the astonishing universes they would explore for all Eternity. When writing she didn't know of any earth words which could properly explain his teachings concerning the Celestial Life. We wouldn't be able to understand anyway. She saw the Throne room of God.



One would not be able to behold this in human form. The Power, Glory, and Love were beautiful to behold and feel, all were immense beyond thought. The last thing she saw before waking from her coma was the Celestial Sea. There were huge, wooden, sailing schooner ships adorned with all the flags of the world bringing new arrivals from Earth. Their loved ones were excitedly awaiting on shore. She said, "Oh death, where is thy victory? Where is thy sting?"

When finishing this writing I was somewhat at a loss for words and reflected on the meanings for several days. We truly do not have the slightest comprehension of how enormous God's Love is for us. If one lives a life of pain, sickness, despair, fear and heartache it will be as nothing the first minute being Home. Our tiny earthly existence pales compared to the wonder, glory, beauty, joy, peace and love we will all share forever. Bob

## **Chapter 17: The Field**



The field works as a whole. It correlates distant events instantly. It remembers all events. It exists beyond time and space. It is created entirely within itself. Its creation grows and expands in an evolutionary direction. It is conscious. Without death, there can be no present moment, for the last moment has to die to make the next one possible. There can be no present love, for the last emotion has to die to make a new one possible. On the other side of our fears and doubts, our deepest prayer should not be for life, which we have in abundance. It should be a prayer to lead the cosmic dance. The Field Is God.



## Chapter 18: Buddha



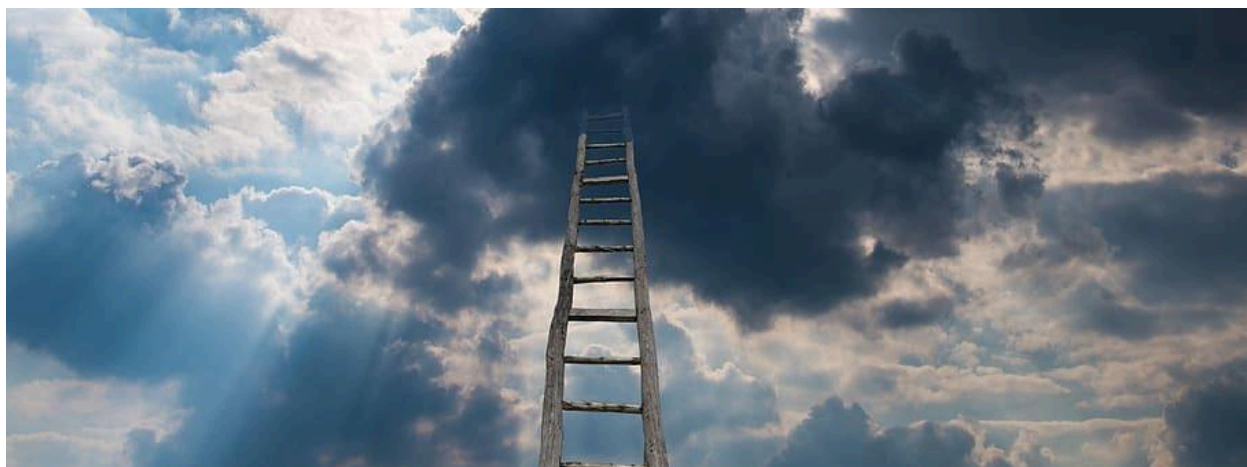
“Buddha was passing through a village and the people came, and they insulted him. They used all the four-letter words that they knew, Buddha stood there. Listened silently, Very attentively. And then said, thank you for coming to me, but I am rushing, I have to reach the next village, people will be waiting for me there. I cannot devote more time to you today, But tomorrow coming back I will have more time you can gather again. And tomorrow if something is left that you wanted to say and have not been able to, you can say it. But today, please excuse me. Those people could not believe their ears! This man has remained utterly unaffected, undistracted. One of them asked, “Have you not heard us?” We have been abusing you, and you have not even answered. Buddha said, If you want an answer, then you have come too late. You should have come ten years ago, then I would have answered you. But for these ten years, I have stopped being manipulated by others, I am no longer a slave, I am my own master, I act according to myself, not according to anybody else. I act according to my inner need, you cannot force me to do anything.

It's perfectly good You wanted to abuse me, you abused me. Feel fulfilled. You have done your work perfectly well, but as far as I am concerned, I don't take your insults, and unless I take them, they are meaningless. When somebody insults you, you have to become a receiver, you have to accept what he says;

only then can you react. But if you don't accept it, If you simply remain detached If you keep the distance, If you remain cool, what can he do? Buddha said, Somebody who can throw a burning torch into the river will remain alight until it reaches the river, the moment it falls into the river, all fire is gone. The river cools it. I have become a river, you throw abuses at me, they are fire when you throw them, but the moment they reach me; In my coolness, their fire is lost. They no longer hurt! You throw thorns, falling in my silence they become flowers. I act out of my own intrinsic nature."

When someone slaps you in the face, either physically or verbally, they *expect* to be slapped back. When you don't, you're doing the *exact opposite* of what they're anticipating. You've *really* upset their mental apple cart. Perhaps if they're on the receiving end down the road, they'll act differently because of how you treated them. Ever impartially listen to two people arguing? Neither one is listening to what the other is saying because they're thinking of a response. When the argument is finally over, do they feel good? Is there a winner and a loser? **Insanity is proven when listening to two egos justifying their reasoning. *Don't argue.* Bob**

## **Chapter 19: Joyless Place**



How else can you find joy in a joyless place except by realizing that you are not there? You cannot be anywhere God did not put you, and God created

you as part of Him. That is both where you are and what you are. It is completely unalterable. It is total inclusion. You cannot change it now or ever. It is forever true. It is not a belief but a Fact. Anything that God created is as true as He is. The truth lies only in its perfect inclusion in Him, Who alone is perfect.

## **Chapter 20: Osho**



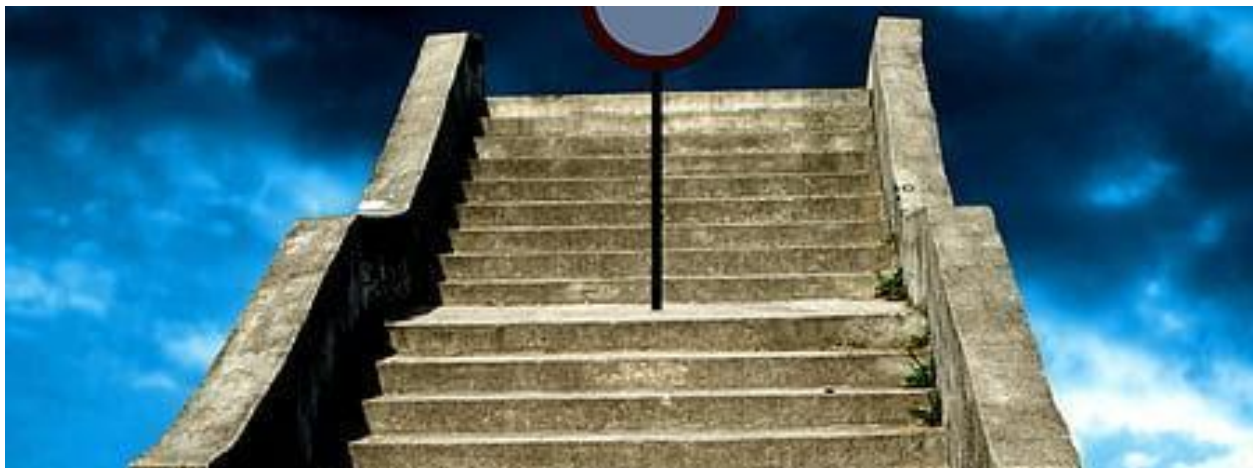
“Life is dull without love; it becomes bright with love. Life is dark without love; with love, it becomes full of light. Love is the name of your inner light. That flame is already there but surrounded by much smoke. And the smoke consists of memories, imagination, thoughts, desire. The whole mind creates a long list, a thick wall around the flame, a thick wall of smoke. The only way to reach your flame is to disperse this smoke. And that's what Sanyas is all about getting rid of the smoke, getting rid of thoughts and desires and becoming so silent and desireless, as if there is nothing to be achieved, nowhere to go. In that relaxed state, the smoke starts dispersing of its own accord because we are not co-operating with it. It is through our cooperation that it lives, gets food and nourishment, and is nurtured. Once there is a disconnection, once you are no longer feeding it, it is bound to disperse. And as it starts dispersing, clarity arises, brightness arises, intelligence arises, and life becomes full of meaning and significance. Life is life only when love is burning bright inside you, when the flame of love is so bright that it starts radiating around you, that it starts reaching



others, that people can feel it. Your love becomes almost so tangible that people can touch it. Then it is not only a blessing to you, it is a blessing to everybody else too. A real man is always an enrichment to the world, to existence; he contributes much. And unless you contribute something, you will never feel blissful. It is through contributing something to existence that you participate in the work of the Creator because you yourself become a Co-creator. To be a Creator is to be part of God, there is no other way.”

Osho is in agreement with The Course. Sanyas is the process of the Holy Spirit undoing our ego, which Osho refers to as getting rid of the smoke. Bob

## **Chapter 21: Awakening**



I posted this prayer from the Course on Christmas.

“Watch with me, angels, watch with me today. Let all God's Holy Thoughts surround me, and be still with me while Heaven's Son is born. Let earthly sounds be quiet, and the sights to which I am accustomed disappear. Let Christ be welcomed where He is at home. And let Him hear the sounds He understands, and sights that show His Father's Love. Let Him no longer be a stranger here, for He is born again in me today. Your Son is welcome, Father. He has come to save me from the evil self I made. He is the Self that You have given me. He is, but what I really am in Truth. He is the Son You love above all things. He is my Self as You created me. It is not Christ that can be crucified. Safe in Your Arms, let

me receive Your Son. Amen.”

I've read in *Disappearance of the Universe* that our job is to save God's Son. What higher calling could we possibly have? So *perhaps* the all powerful awakened Christ put a sleeping snippet of Himself in all of us. As we take care of and nurture the Christ Child within us, eventually He'll wake up, go Home and take us with Him. Thus, we have saved God's Son and we wake up as well.

## **Chapter 22: Live In The Eternal Now**



At this moment, you are present in the living Now. Only in the eternal Now moment can you ever experience the truth of this Love. And only here, Now, can all you be manifested on every level everywhere. Only in the living Now moment, when the fiery Lovemaking brings forth your life, can you truly feel your identity as perfect Love forever. *You are the heart of God.* You are the very energies of Creation. For you and your Twin Flame self are a part of these streams of life, Divine Masculine and Divine Feminine. And only here, when you are One, right Now, can you ever have the experience of Being, that you are perfect Love as an inclusive whole in which you are forever aware of yourself in relationship with life. Beloved one, though I speak to you, these words are for everyone. Yet, you embarked upon a new request for awareness, and so I answer you. Of course, this request, this threshold, is perfectly timed and unfolded to reveal the next step. This step is that which I said to you recently, words that contain the keys to

it all, words that cause your heart to soar and remembrance to come alive within. *You are as I created you, and this cannot be changed.* Beloved heart of this All of Love, I ask you now to surrender to this. Release from yourself all those seeming contradictions at last to embrace the one Real truth. If life on Earth is an illusion, a dream, then the being you are has not been affected by this, which we are calling living life on Earth. Right now at this moment you are whole and vast, magnificent, the expression of My own Twin Flame life. You are that which is alive in My heart. Within your heart, as well as Mine, is this great creation of Love that now is reflected forth full and perfect everywhere at once.

You, each one of you, precious living Twin Flame cells, or “atoms”, within My own great heart, can release the dream of this limited human life only at the Moment of Creation. Only by returning to the ever living Now, the source of life and Love, the source of created life, which really is a misnomer because nothing is created that wasn’t already there, present in the Ocean of Potential. All that has happened is that all of it has simply been enlightened or illuminated, that I can know Myself. Now it is time for all of you to know yourselves as well. Not the little human self, of course. There’s nothing to know that’s real in her or in him, but the truth of why you are. In this, My beloved one, I tenderly reveal to you the answer to your questions: (a) about the Reconnecting Process as it relates to the releasing of your identity as limited human beings. And (b) My answer to your quest to manifest this yourself, including My revelation to you that there are energies yet within you that have not accepted the shift.

Of course this is obvious because if all of your energies are truly aligned, then that which is seen in the symbols of this world would be showing up as perfect. These energies within you are often referred to as subconscious because they are ways the ego-mind has hidden its machinations and the resulting heart’s beliefs. Oh, but whenever you ask, you turn on the light and if you are serious and are paying attention, the messages will come through. For I Am ever alive with you and you are My beating heart. So such life, such light,

such pulsing energy that is the truth of your *being*, your heart, will always illuminate anything and everything that you bring into the River of Life and Light. And you have asked repeatedly to know the truth and to come to live it. You have agreed to bring forth the path for which I give My gratitude. Thus, I bring you the dream because this is a language that you understand to be speaking about the subconscious, or your hidden heart's beliefs. So now you have awareness. You have that moment of cognition that is needed because all of you must be fully conscious, which means all that's hidden must be revealed so you can make your choice. This choice is your identity and your orientation to life. Are you going to choose to be on the slide of duality or are you truly dedicated to choosing only light and life, choosing only Love? The only way that you can then return to your identity as My Living Heart is to bring yourself present into the center. Return To The Living Now Moment

Once you do, beloved one, all of you, of course, then and only then you can experience and accept the truth of *who you are*. Once you have experienced this, once you have felt the truth of Twin Flame Love and lived the glorious explosion of life. Only then can you claim it for your life here as well. So the Reconnection Process is the cognition of the false identity as a limited human being, and it is transformed only from the Real. It is transformed in your heart by experiencing the truth at the center point in the Now. And when you do this, then your true identity has to replace all your illusions of a separated life. Then you can live it on Earth as well, because in the living River of the Now moment of Creation, the whole vertical arm of the cross is illuminated. And *the felt experience* of the fact that you are still and always *exactly as I created* you will replace your belief in humanness through your entire being. This means absolutely all of you, including all the hidden parts, including the subconscious. Once it is felt, you've made the shift. You've "gone vertical," as you say. You've made the background-foreground shift because you've used the language of the Real, which is feelings. Most especially the feeling of ecstatic joy and of the

deep assurance that I Am ever and always with you and that, in our Love, the whole of life is loved. This establishes your connection with the living flow of giving Love, that is the essential energy of your Real Twin Flame life, as it is forever in the ongoing Now.

So the key here is the Now experience. Only by making yourself present Now can you ever make this shift. And this shift includes being the living Christ on Earth Now. *Not sometime in the future*, after you transform the things of the past. But Now, in total surrender to Me, all of your human life. What you have done and so many do, and you have done it deliberately, of course, is to place everything somewhere away from you, somewhere in the future. You've got your healing there. *And your shift into a Christ Being*. So even though you've realized many things, you had not until now got this. Now you're ready. You are ready as your life goes on a rocket ship. You're already up beyond the atmosphere. I ask all of you to trust this, that we are stacking it and *everything will happen all at once*, your realizations and your readiness, and the needed personnel, and resources. Surrender it all to Me.

Go forth in every way right now. Do not place it, any of it, off in the future based on reasons from your little mind. Everything is now, including your full shift into the fully awakened Twin Flame hearts you truly are. But for all of you, I ask you to live the truth of the River of Life. There is only one and from it comes your nourishment, your consciousness, your identity as only love. All the keys to going forth as the living heart of God that I may love as you and speak as you and bring forth transformations. Transformations will look on Earth like healings but of course are all-inclusive and not about one part of someone such as an illness or an injury. So your shift in your identity is underway and yet as always, you have to choose, and you must be conscious, and you must be Love. The past and the future are transformed by the Now.

Anything you experience and accept at the center point goes forth into the hologram of your entire life. It has to, for you are also one creative Twin Flame

life, which is why, of course, what each of you transforms in a Twin Flame relationship instantly affects a shift within the other. There's really only one of you and only one of us. So to transform your old heart's beliefs, simply consciously come into the Now. For only in the Now can anything happen that is of the return to who and what you are. Your identity from Me. This means to feel the joy of unlimited "Christedness". It means feeling the center of your Twin Flame heart and your weaving in and out of each other, sharing ecstasy. It means feeling the truth of your great vast spirit and the perfection and joy of your clear open heart, and feeling how this makes you available Now *to do as Jesus did and more*.

Right now. Bathe in the living River of Life beyond all little mind interpretation. Simply stand and resonate the truth of your heart and those you can serve will be drawn to you like magnets, or use another analogy like moths to the flame. *I have spoken to you before about acting as if it were already done, that you already are the Master*. I have said to you that when you pray, pray in gratitude for the miracles and accomplishments as already done. This is going vertical. Coming to the center to live and serve, and in this, giving shelter through the power of your Love. *But I want you to know that I need you to be at the center*.

## **Chapter 23: Time Is Collapsing-Now**



And the incoming light increases. And as you align with the truth of Love, you become like a column of living light, and anyone who comes into this column will return to who they are. So all infirmities will heal. Hearts will open like roses and the ego-mind will drop away as if it had never been there. This is what happened with Jesus. Now you are here to learn this, how to reveal the truth through the acceptance of the glorious Now moment, and of course, your acceptance of Whom you really are. So dear ones, all of you, your walk now is to come to hold this. To hold the center so firmly that I Am in the world, as you. Yet since you do this for all humanity, there will be some, possible, shifting back and forth from the divine to the human. From the Real to life on Earth. So I ask you to decide to be determined to learn to hold the center by aligning with the vertical arm, the center. Being the Twin Flame opening for Love to come here, to be present here on Earth. If you find yourself caught again by the identities of ego, return to the joy of the Now moment. Make sure it is Real to you. Consciously shift and then center. Remember to do this from the Real.

Then trust in the power of Love and feel Who you are. At the center, in the River. Do this in meditation. Do this in the time before you go to sleep and in the time when you come awake in the morning. *For these are times when the little mind has far less influence.* So this is bigger than acting *as if* because often that is mental. This is about the feeling of exalted holy life. You can use your mind like the arrows that point to a treasure. And you can use your will to get you to the center, but then you must surrender it. You can use your imagination but center it in feelings and this will be the most effective as you reclaim your truth again. Identify with the experience If you open the whole vertical arm and come into your place as that which it flows through, then beloved one, the whole of life is available to you, right then. So rather than experience a rejection of life, of the body, and life in this world by returning to only consciousness, you will include all life, *and you will open the way to the reclaiming of humankind.*

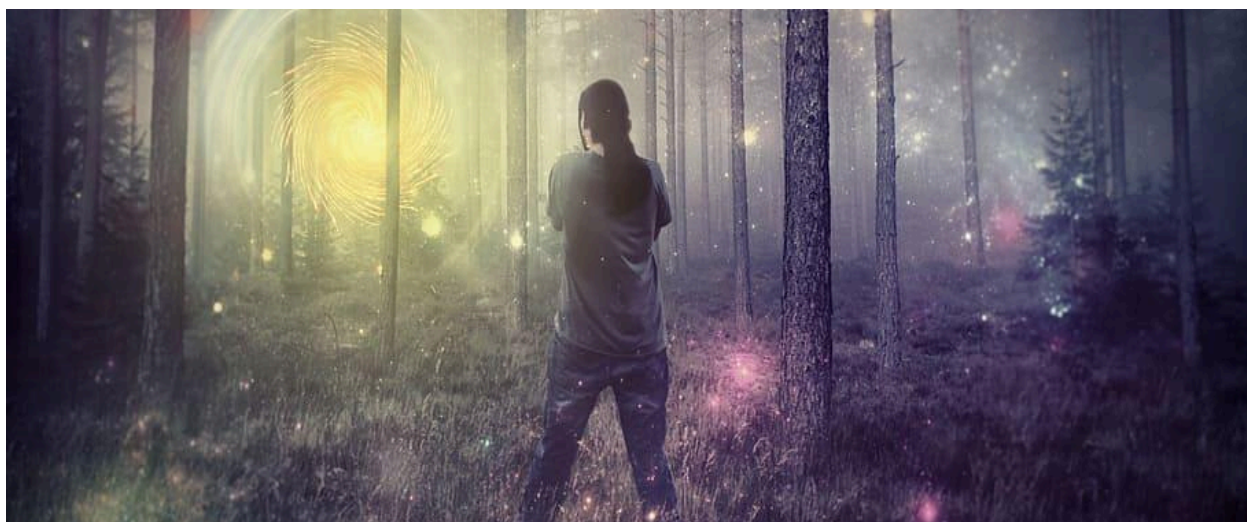
For the River of Life, the vertical arm brings the whole right here. And thus



Now, and My presence brings the message to everyone. Accept the One, the vertical, the identity as God, and everything is then magnetized by your open and giving heart. Hearts are cleared of the programs of consensual reality in the presence of one who has shifted because the magnetic Twin Flame presence brings it about. How? Just as a magnet held up to a computer disc will instantly erase all that was recorded there. It is just the same with you. If any Twin Flame pair are living Now the truth, then this column of light that you stand in will erase the program of consensual reality and of a *limited identity of human*. Gone, just like that. And if the ego-mind re-installs it, the magnet returns it again and again, effortlessly, by your presence. *I Am Perfect Love and I Am Perfect Life*. Use these words as a launching pad to launch you into the living Now.

Bring it back to the center, beloved ones, and experience *who you are as I made you*. So for you, it is our closeness that will do this always for you, bringing to you the experience of Whom you really are. *The biggest thing I ask of you is to bring back your projections of things into the future, and bring back your remembrance of things in the past*. Bring back all that has been taken out of the Now. Return it and experience it, this truth of who you are. *Step into the Now moment and accept the Mantle of Christ*.

## Chapter 24: My Question





I have been mentally wrestling with a specific issue. As mentioned before I have been praying every night, "Holy Spirit, for my highest good and the highest good of all, please grant perfection in listening to the Sacred Silence between my thoughts." What popped into my head was to use logic. The issue I've been wrestling with is why didn't the Prime Creator answer Christ's question, which was like, "What would it be like if I were to go off and play on my own?" I understand God did not answer because there *is* nothing else, but God's perfect creation. Why didn't the Prime Creator tell Christ this? I believe, ask, and we shall receive, knock and the door shall be opened. This truth has been proven over and over to me. Logic kicked in, and I believe this is the answer. Father/Mother God Is all-knowing. God did not answer the question because the Source knew what would happen. Christ freaked and made this false universe to hide, because of something previously unknown. Fear. I haven't read this in any literature, but What If? What if, at that moment of insanity, Christ was shown all the horror that ever occurred in time? All the suffering. Arten explains consciousness, the level of perception, was the first split after the separation, making the mind a perceiver rather than a creator. Consciousness is correctly identified as the domain of the ego. So there we have it. The separation did occur. The Holy Spirit was given and Christ was healed. The separation ended. Wouldn't Christ have a much higher appreciation of Eternal Love because He experienced the opposite? Of course, God knows nothing of this. It's very true, we don't appreciate the love on the mountaintop until we've experienced the perceived loss of love in the valley. Our appreciation of love becomes much deeper and more meaningful because we've had personal experiences of fear and all its fruits.

I also understood there are Course students who feel we will not meet our loved ones who passed, no need because we are one with God. I still think of Mary Jo often, I talk to her and periodically dream of her. I find great comfort in the thought, one day closer. One day, closer to what? One day, closer to our

magnificent reunion in Heaven. Now, there are those who say this will never happen because she was just my dream figure. No, she wasn't, she was her own unique beautiful Self. What is on her tombstone is: Love is Eternal. When I look into Mary Jo's eyes, our love will explode into all of God's Creation. I just *know* this. No doubt. My parents, my blood relatives, life-long childhood friends, brothers, and sisters I worked with. All of us have helped one another, especially during tragedies. I feel it will be glorious to run into one another in Heaven and share what we learned in our earthly life as well as what we're learning in our Celestial life. Through extension and sharing, we grow. We are all part of the Mind of God, and thoughts leave not their Source.

Our minds are receivers, God's Mind is a transmitter, our minds have to be tuned to the right frequency to understand the transmission. This is the Holy Spirit's Job. When we understand, we help one another grow. Don't you feel joy when you help another understand? Why would this not be the same in Heaven?

## **Chapter 25: The Gospel According To Thomas**



What is truly amazing, this was written in the second century. It's called The Gospel According to Thomas and is not in the Bible. It was discovered in Nag Hammadi, Egypt in December 1945 among a group of books known as the Nag Hammadi Library. It's an apocryphal, non-canonical, gospel containing 114 sayings attributed to the resurrected Jesus. *This could have come right out of*

ACIM.

There are many at the threshold of their I AM Awareness, but not realizing how to enter; yet only the Solitary Ones, enter into this bliss, entering without an agenda of me too. Only those who have united their soul, breath, and body into a singleness of purpose, whose Intention, Attention, and Action are united in surrendering me to ego, toward rejoining the Oneness, will reunite with the Living One, within themselves consciously. These shall enter the Bridal Chamber, the Divine Temple. Consciousness. These shall join together the New Heaven, the new spiritual Awareness, with the New Earth, the newly developed Body, within their life, and shall become the embodiment of divine peace, becoming the Jerusalem consciousness in their Individuality. This means your Light Consciousness is wed to the earthly temple; that is, the Bride Groom, your Christ Mind takes residence with the Bride. Your divine Breath-Breathing gives birth to the Child of Light and its life within your earthly form, as you are then born from Above, and you become the Son of Man who understands this truth. So do not become a person known for their much talking who is always at the door of Heaven, yelling let me in, when there is room for only The One. When will you be done believing in your separation from Divine Being, as if there is you and It? Here plainly, Children of the Divine: Divine Consciousness is your consciousness. Divine Breath is your breath. The Divine Heart beats your heart. The entire life of our divinity is One life, in a Oneness, and it is expressed in infinite variety. *There is no one else, besides God, anywhere.*

From the French translation of The Gospel According to Thomas.

## Chapter 26: My Love, You Are So Beloved



Please notice the messages and signs that are being sent to you at this poignant and sacred time. You are receiving accurate messages from the Universe. All is not as it may appear. Higher processes are at work inside you and around you. My love, you are so loved. Even if everything feels out of control, so ruined, so broken down. Even if you feel alone, please know that you are not: you are surrounded by Divine Love. Better, better, better days are coming. Incredible, awe-inspiring, magical, exquisite, soul-rocking, heart-exploding, spirit-ascending days are on their way to you.

This is beyond your mind's understanding. It is beyond what has happened in your past. The script is being rewritten. The days of a mediocre existence, of feeling half-dead and drowned, of being disconnected from your heart, are fading rapidly. You are in the process of profound and radical rebirth. You are being redefined, reconfigured, and redeveloped. Your Soul's Light is flooding down into your energy centers like a non-stop tidal wave of transformation. You are being connected to the path of Light. *Your journey here on Earth is about to transfigure. It is about to take a significant detour, a route that you had no idea even existed.* Everything may feel wrong, but in Divine Truth, your life has never been so right. You are meeting with your Soul, and it is blending with your entire being and drawing you closer toward a life that you didn't even know you were allowed to

live. You are loved, beyond measure. Can you stand to be loved this much? It is beyond your own expectations and standards for yourself. It is a love that can only be defined through the language of God, not the mortal mind. I love you, I love you, I love you, Yes, you. You are worthy of everything. And here it comes.

## **Chapter 27: Angels**



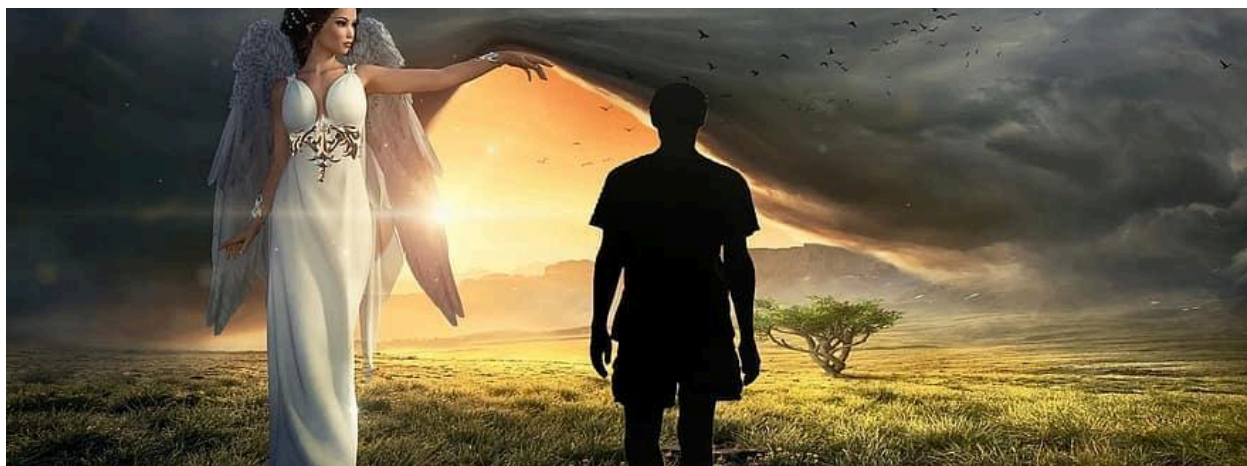
In addition to the Trinity of the Father, Son, and Holy Spirit, we are told there is one other group of inhabitants in Heaven. This fourth group are the angels, and the Course says a mysterious small amount about these beings. When it does mention them, it often does so as a side item. It may seem partially contradictory that there is a separate category of angels mentioned when we are told that: God created nothing beside you (the Son) and nothing beside you exists. The universe consists of nothing but the Son of God. Something else called angels apparently does exist. Here is one of the few pieces of knowledge given out concerning the angels. You were created above the angels because your role involves creation as well as protection. You who are in the image of the Father need to bow only to Him, before whom I kneel with you. So The Son, us, is created above the angels, apparently meaning we are of a higher order because we are creators as well as protectors. Protection seems to be the job of angels. Apparently after the fall into illusion the angels tried to recover us but were unable to. The Atonement actually began long before the crucifixion. Many Souls offered their efforts on behalf of the separated ones, but they could not



withstand the strength of the attack and had to be brought back. Angels came, too, but their protection did not suffice because the separated ones were not interested in peace. The only way to see harmony in this contradiction is to see the angels as a part of the Son ship, but as a group having a different job.

Also of note is that teachings in the Ancient Wisdom tell us that angels eventually become Sons of God. Here are some other quotes from the Course that give some light on the purpose of angels. Your newborn purpose is nursed by angels, cherished by the Holy Spirit and protected by God Himself. Around you angels hover lovingly, to keep away all darkened thoughts of sin, and keep the light where it has entered in. This does the body's eyes behold in one, our brother, whom Heaven cherishes, the angels love and God created perfect. God's Name cannot be heard without response, nor said without an echo in the mind that calls you to remember. Say His Name, and you invite the angels to surround the ground on which you stand and sing to you as they spread out their wings. They keep you safe and shelter you from every worldly thought that would intrude upon your holiness. The wings here must be symbolic, as ACIM says there is no form in Heaven. You do not walk alone. God's angels hover near and all about. His Love surrounds you, He will never leave you comfortless, nor fail to send His angels down to answer you in His Own Name.

## **Chapter 28: Guilt**





There seems to be an endless amount of guilt stories on differing timelines within the script. It's really the same guilt story, though that keeps coming up in different flavors, continually pointing to the one main theme. You are guilty. Like the steam that continually rises from a pot of boiling water, these guilt-infused storylines just seem to keep surfacing. We think we are guilty of something we have done or are doing in a body in the world. However, this seemingly guilty thought before you is really a reflection of the *tiny mad idea*. Because you think you chose to separate from God and believe you destroyed love. From this one belief of separation now comes the ego's entire viral software, embedded with thousands of dream scripts. It's downloaded and encrypted, with thousands of guilt thoughts and scenarios to be played out.

I am guilty because I am not a good enough mother or father.

I am guilty because I just can't seem to get this Course in Miracles right.

I am guilty because my business failed.

I am guilty because my partner left me, and I am unworthy of love.

Or whatever the guilt thoughts are, which will be unique and specific to the narrative of your avatar. So when a guilty thought presents itself now it has nothing to do with form or a body, it's an attempt to engender the false belief in separation. Go directly to the hard drive of the ego's program and unplug it by affirming. I am not guilty because I never separated from God, nothing happened. You are not guilty because you never separated from God, nothing happened. How long is all this going to take? Will this theme of guilt ever end? Well, the ego's ending is tainted with the punishment and condemnation of God's Son, fuelled by the belief in death and destruction of the body. However, Jesus states: The world will end in an illusion, as it began. The purpose of forgiveness is complete, excluding no one, limitless in gentleness, will cover it, hiding all evil, concealing all sin, and ending guilt forever. So ends the world that guilt had made, for now, it has no purpose and is gone. Ah, come on, how much more guilt could there possibly be? As Jesus reveals in the Manual for Teachers, the world

was made by guilt. Wow. Now that's quite a bit of guilt right there.

Jesus highlights here how the process of forgiveness is actually quiet, and it does nothing, it merely looks, waits, and judges not. It offends no aspect of reality, nor seeks to twist it to appearances it likes. It merely looks and waits, and judges not. We may not know how much guilt we are undoing each time we get quiet and gently look. Or how much is left to go, nonetheless we must keep looking. We must step away from this perpetual slinging back and forward of guilt as it seems to unconsciously get pushed out onto another and then at times erupts from within. We throw unholy mud out there as an attempt to cleanse ourselves of the false belief of the staining of sin tarnished within. So we try to sling dirt outward onto our brother's body, to bring some momentary relief from the excruciating pain that we ourselves believe we are in fact the guilty ones. Once some obstacles are cleared away, you will see the obvious mechanics of the ego and how its main goal is to keep feeding the belief in guilt in order to keep it alive like some ravenous sinister wolf.

As Jesus shares here: The messengers of fear are harshly ordered to seek out guilt, and cherish every scrap of evil and of sin that they can find, losing none of them on pain of death. They lay them respectfully before their lord and master. Its messengers steal guiltily away in hungry search of guilt, for they are kept cold and starving and made very vicious by their master, who allows them to feast only upon what they return to him. No little shred of guilt escapes their hungry eyes. And in their savage search for sin, they pounce on any living thing they see and carry it screaming to their master, to be devoured. Jesus' use of such potent, fierce words really highlights the bloody viciousness of guilt. He's really trying to hit this home to us. Wow. Pretty intense, huh? If you believe you are guilty, you will believe you deserve to be punished, and the ego's punishment is death. So to believe in guilt is to believe in death.

Yet, as you cultivate quiet time with the Holy Spirit, there becomes more space between you and the thought of guilt. This gives you the ability to decide

whether or not to join with it. Although, at these seeming earlier stages it feels like we need to unwind and unravel all the guilt thoughts and feelings like straightening out a messy extension cord for your vacuum cleaner. The Holy Spirit similar to a vacuum cleaner will clean out all the illusory guilt thoughts leading you to the one core false belief that you separated from God. Because once we can look there at the belief in the *tiny mad idea* and that there was no actual separation. The separation did not occur; we can then pull the plug on all the guilt storylines embedded into the chapters of time printed out onto dreams scripts. Affirm again: I am not guilty because I never separated from God, nothing happened. *I am as God created me*. Remember, as you undo the guilt in your mind, you are undoing the world.

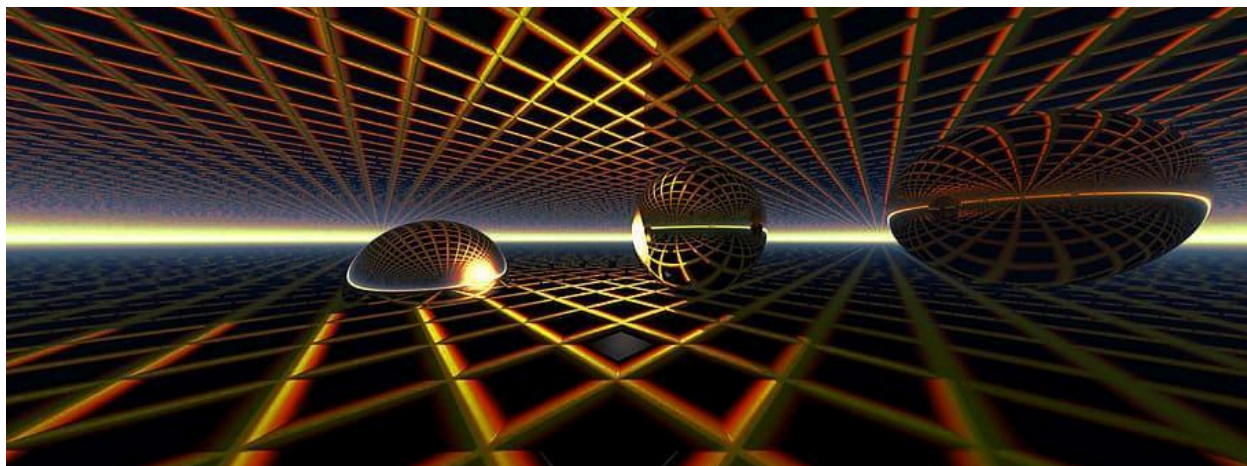
And more formidable words here from Jesus: Prisoners bound with heavy chains for years, starved and emaciated, weak and exhausted, and with eyes so long cast down in darkness they remember not the light, don't leap up in joy the instant they are made free. It takes a while for them to understand what freedom is. You groped but feebly in the dust and found your brother's hand, uncertain whether to let it go or to take hold of life so long forgotten. Strengthen your hold and raise your eyes unto your strong companion, in whom the meaning of your freedom lies. He seemed to be crucified beside you. And yet his holiness remained untouched and perfect, and with him beside you, you shall this day enter with him to Paradise, and know the peace of God. My comment. In order to undo the guilt in the mind, you look at it without guilt or judgment and forgive what never happened. But one of the main components of that forgiveness process is to take responsibility for your mind's mis-creation. Without that component, you're just spinning your wheels. Sophie Bashford

## Chapter 29: The Egg



The Egg by Andy Weir is a thought-provoking short story about a man who dies and meets God. In the story, the man learns that he has been reincarnated many times before and that all human beings who have ever lived and will ever live are incarnations of him. God explains that the entire universe was created as an egg for the main character, all of humanity, and once he has lived every human life ever, he will be born as a God. The story explores the idea that every time you victimize someone, you are victimizing yourself and that every act of kindness you do, you do to yourself. Every happy and sad moment ever experienced by any human was or will be experienced by you. The idea is that we are all connected and that our actions have consequences not only for others but also for ourselves. The man is surprised to learn that he has been everyone from Abraham Lincoln to Adolf Hitler. The man is next to be reincarnated as a Chinese peasant girl in 540 AD. One of the main themes is the oneness of all human beings. The story suggests that every person who has ever lived and will ever live is an incarnation of the same being. This means that every action we take has consequences not only for others, but also for ourselves. This realization leads him to understand the importance of treating others with kindness and compassion.

## Chapter 30: Questions For Artificial Intelligence



I asked Artificial Intelligence some questions about The Bible, A Course In Miracles and Disappearance Of The Universe. I used the Microsoft Bing Search Engine. You'll find the answers very interesting. I know I have.

Q. Who wrote the Bible and why?

A. The Bible is a collection of 66 books written by multiple authors over a period of time. The Old Testament, or Hebrew Bible, narrates the history of the people of Israel over about a millennium, beginning with God's creation of the world and humankind. It contains the stories, laws, and moral lessons that form the basis of religious life for both Jews and Christians. For at least 1,000 years, both Jewish and Christian traditions held that a single author wrote the first five books of the Bible, Genesis, Exodus, Leviticus, Numbers, and Deuteronomy, which together are known as the Torah (Hebrew for "instruction") and the Pentateuch (Greek for "five scrolls"). That single author was believed to be Moses, the Hebrew prophet who led the Israelites out of captivity in Egypt and guided them across the Red Sea toward the Promised Land. However, there are things in these books that Moses himself could not possibly have witnessed: His own death, for example, occurs near the end of Deuteronomy. A volume of the Talmud dealt with this inconsistency by explaining that Joshua (Moses' successor as leader of the Israelites) likely wrote the verses about Moses' death.

The New Testament was written by multiple authors including Matthew, Mark, Luke, John, Paul, James, Peter, and Jude. These books were written to spread the teachings of Jesus Christ and to provide guidance to early Christian communities. The Bible is considered to be divinely inspired by many believers. Some believe that God wrote the Bible through human authors. They actually held the quill that moved across the parchment, but what they wrote was ultimately what God wanted to be written.

Q. Who wrote ACIM and why?

A. A Course in Miracles (ACIM) is a 1976 book that was scribed by Helen Schucman between 1965 and 1972 through a process of inner dictation. Schucman said that the book had been dictated to her, word for word, via a process of “inner dictation” from Jesus Christ. The underlying premise of the book is that the greatest “miracle” is the act of simply gaining a full “awareness of love’s presence” in a person’s life.

Q. Is The Bible all true?

A. Whether the Bible is all true is a complex one, and opinions on the matter vary. Some people believe that the Bible is the literal word of God and that everything in it is true. Others believe that while the Bible contains important spiritual truths, it should not be taken as a literal historical or scientific account. Still, others believe that the Bible is a human creation and that its contents are not necessarily true.

Q. Is ACIM all true?

A. Whether ACIM is all true is a complex one, and opinions on the matter vary. ACIM is a 1976 book by Helen Schucman. The underlying premise is that the greatest “miracle” is the act of simply gaining a full “awareness of love’s presence” in a person’s life. Schucman said that the book had been dictated to her, word for word, via a process of “inner dictation” from Jesus Christ. Some people believe that ACIM contains essential spiritual truths.

Q. What is the difference between the God of the Bible and the God of



ACIM?

A. The God of the Bible and the God of ACIM are understood differently by different people. ACIM is a book by Helen Schucman that was published in 1976. According to her testimony, Schucman began having “highly symbolic dreams” and experiencing “strange images.” As she began to write, she was surprised to see “This is ACIM” appear on the paper. She went on to say that this was her introduction to the “Voice.” This voice began to give her rapid inner dictation that she took down in shorthand. According to the dictated material, the voice of The Course was Jesus. On the other hand, the God of the Bible is understood by many as the creator of the universe and everything in it. The Bible contains accounts of God’s interactions with humanity, including His miracles, commandments, and promises.

Q. According to the Bible, can God be jealous, vindictive, and cruel?

A. According to the Bible, God is described as having a range of emotions, including jealousy. In Exodus 20:5, God says, “You shall not bow down to them or serve them, for I the Lord your God am a jealous God.” However, it’s significant to note that the concept of jealousy in this context is different from the human emotion of jealousy. God’s jealousy is often understood as righteous jealousy for His people, whom He loves and wants to protect from harm. The Bible also contains passages where God is described as punishing those who disobey Him. However, many people believe that these actions are not vindictive or cruel, but rather are just and necessary consequences for disobedience. It’s essential to note that interpretations of the Bible can vary, and different people may have different understandings of these passages.

Q. According to ACIM can God be jealous, vindictive, and cruel?

A. According to ACIM, God is not capable of being jealous, vindictive, or cruel. ACIM teaches that God is Love and that His nature is only loving. The book presents a view of God as a loving creator who does not punish or condemn His creations. Instead, ACIM teaches that any perception of punishment or cruelty is

a result of our own mistaken beliefs and not a reflection of God's true nature.

Q. Does the Bible mention Satan and Hell?

A. Yes, the Bible does mention Satan and Hell. According to the Bible, Hell was originally designed for Satan and his demons. The Bible also states that Hell will punish the sin of those who reject Christ. Hell is described as a place of conscious torment, with references such as "furnace of fire, weeping and gnashing of teeth" (Matthew 13:50), "where their worm does not die, and the fire is not quenched" (Mark 9:48), and "he will be tormented with fire and brimstone" (Revelation 14:10)<sup>1</sup>. The Bible also refers to Hell as a place of everlasting fire prepared for the Devil and his angels. However, it does not state that the Devil will reign over Hell, just that he will eventually be banished there.

Q. If Hell is real, how can the Bible state that God is Love?

A. This is a complex question that has been debated by theologians and scholars for centuries. There are many interpretations and opinions on this topic. Some people believe that God's love and the existence of Hell are not contradictory. They argue that God is loving, but also just, and that Hell is a place of punishment for those who reject God's love and choose to live in sin. Others believe that the idea of eternal torment is repugnant to God and contrary to the Bible's teaching that "God is love". There are also those who believe that Hell is simply the final result of a human being saying to God throughout life, "Go away and leave me alone." Hell is God's answer, "You may have your wish." In that sense, hell is the ultimate testament to human freedom.

Q. Do some Biblical scholars say hell was made up to scare society, keep them in line, and have them give money to the church?

A. Yes, some Biblical scholars and historians argue that the concept of Hell as a place of eternal punishment was created by the early Christian church to scare people into obedience and to increase the church's power and wealth. They believe that the idea of Hell as a place of eternal torment was not part of the original teachings of Jesus or the early Christian church, but was added later

as a means of control.

Q. According to ACIM do Satan and Hell exist?

A. ACIM asserts that there is no hell. It considers hell to be a projection of our own guilt and a figment of our tormented imagination. Essentially, it challenges the traditional concept of hell. ACIM does not want us to believe in Satan. Instead, it encourages a personal relationship with God and views Jesus as the way to the Father. It does not promote idolatry or false worship.

Q. According to the Bible, what is ego?

A. The term ego is not explicitly mentioned in the Bible. However, the concept of ego, or the self, is addressed in various passages. In the Bible, the self is often portrayed as something that needs to be denied or put to death in order to follow Christ and live a life pleasing to God. For example, in Matthew 16:24, Jesus says “If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me”. In Galatians 2:20, Paul writes “I have been crucified with Christ; it is no longer I who live, but Christ lives in me; and the life which I now live in the flesh I live by faith in the Son of God, who loved me and gave Himself for me”.

Q. According to ACIM, what is ego?

A. According to ACIM, the ego is the idea of separation from God, and it is the source of all fear and guilt. The ego is described as a false self, created by the mind as a defense against the fear of losing its identity. The ego is seen as the cause of all conflict and suffering, and its thought system is based on attack and defense. The Course teaches that the ego can be undone by recognizing its unreality and choosing to listen to the voice of the Holy Spirit instead, which leads to the experience of peace and love.

Q. According to the Bible, why did God make Christ?

A. According to the Bible, God sent Jesus, his one and only Son, to live as a man for several reasons. One reason is to demonstrate God’s love for humanity. In Romans 5:6-8, Paul writes, “For while we were still weak, at the right time Christ died for the ungodly. For one will scarcely die for a righteous person,

though perhaps for a good person one would dare even to die, but God shows his love for us in that while we were still sinners, Christ died for us". Another reason is to restore the fullness of God's image in humanity. Because of our sin, we have fallen short of reflecting God's glory as we should (Rom :). Therefore, God sent his son Jesus as "the image of the invisible God, the firstborn over all creation" (Col:5). Through his life of perfect obedience, his sacrificial death on the cross for our sins, and his resurrection from the dead, Jesus begins to restore the fullness of God's image in us.

Q. According to ACIM, why did God make Christ?

A. According to ACIM, God created Christ as an extension of His very nature. ACIM teaches that God is Love and that His creations, including Christ, are created in His likeness, thus extending His nature of Love.

Q. According to the Bible, is it possible to sin against God?

A. Yes, most certainly it is very possible. According to the Bible, sin is a transgression of God's law. It involves violating God's prohibitive commands or omitting to practice His positive commands. Since God's law reflects His holy nature, any act of sin is ultimately against Him personally. In other words, sin is an offense directed toward God, whether through disobedience, rebellion, or other wrongful actions.

Q. According to ACIM is it possible to sin against God?

A. In ACIM, sin is described as insanity, a means by which the mind becomes mad and seeks to replace truth with illusions. It perceives illusions where truth should be. Sin gave rise to the body's senses, but the sinless have no need for sights, sounds, or touch. To sense is not to know; truth is filled with knowledge alone. Illusions, born from untrue thoughts, serve as "proof" that what lacks reality is real. Sin falsely claims that God's Son is evil, that timelessness must end, and eternal life can die. Yet, God's love remains unchanging, even amidst our pretenses. So, how long will we maintain this game of sin?

Q. Jesus explains in ACIM that God sees no sin in us because we're merely

dreaming. Is this true?

A. In ACIM the concept of sin is indeed approached from a unique perspective. According to ACIM, our earthly existence is like a dream, a projection of illusions that veil our true nature. In this dream, we perceive separation, guilt, and fear, leading to what we call “sin.” However, God, being all-knowing and loving, sees beyond the dream. To Him, our perceived sins are like fleeting shadows in a play. They hold no ultimate reality because our true essence remains sinless and eternal. *So, yes, from the perspective of divine truth, sin is an illusion, a temporary distortion of our inherent holiness.*

Q. According to The Bible, who is Jesus?

A. According to the Bible, Jesus is the Son of God, equal with God, and with authority from the Father. In Luke 22:70, it is written, “Then they all said, ‘Are You then the Son of God?’ So He said to them, ‘You rightly say that I am’”. In Matthew 28:18, Jesus says, “All authority has been given to Me in heaven and on earth”. In John 5:17, it is written “Therefore the Jews sought all the more to kill Him because He not only broke the Sabbath but also said that God was His Father, making Himself equal with God”. Jesus is also referred to as the Christ, the Messiah, and the Anointed One.

Q. According to ACIM, who is Jesus?

A. According to ACIM, Jesus is the name of one who was a man but saw the face of Christ in all his brothers and remembered God. So he became identified with Christ, a man no longer, but at one with God. The man was an illusion, for he seemed to be a separate being, walking by himself, within a body that appeared to hold himself from Self, as all illusions do. Yet who can save unless he sees illusions and then identifies them for what they are? Jesus remains a Savior because he saw the false without accepting it as true. And Christ needed his form so that He might appear to men and save them from their own illusions.

Q. According to the Bible, who is the Holy Spirit?

A. According to the Bible, the Holy Spirit is the third person of the Trinity,

along with God the Father and God the Son (Jesus Christ). The Holy Spirit is a person, not an impersonal force or influence. He has personal attributes such as intelligence, emotions, and will. He teaches, commands, and intercedes for us in prayer. The Holy Spirit is also referred to as the Advocate, the Spirit of truth, and the Comforter.

Q. According to ACIM, who is the Holy Spirit?

A. According to ACIM, the Holy Spirit is a mediator between illusions and the truth. He must bridge the gap between reality and dreams, and perception leads to knowledge through the grace that God has given Him, to be His gift to everyone who turns to Him for truth. Across the bridge that He provides, dreams are carried to the truth, to be dispelled before the light of knowledge. The goal of the Holy Spirit's teaching is just this end of dreams. For sights and sounds must be translated from the witnesses of fear to those of love. And when this is entirely accomplished, learning has achieved the only goal it has in truth. For learning, as the Holy Spirit guides it to the outcome He perceives for it, becomes the means to go beyond itself, to be replaced by the Eternal Truth.

Q. According to the Bible, did God create the universe?

A. According to the Bible, God created the universe. In the Book of Genesis, it says, "In the beginning, when God created the universe, the earth was formless and desolate." The process of creation unfolds over several days, with God separating light from darkness, creating the sky, land, plants, animals, and finally, human beings. Additionally, Colossians 1:16 affirms that all things were created through God and for Him.

Q. According to ACIM, did God create the universe?

A. According to ACIM, the physical universe (including the body) was not created by God, and in fact, came about as an attempt to hide from God due to intense fear.

Q. According to ACIM can our perfect God make anything or anyone imperfect?



A. ACIM presents a unique perspective on God and creation. It suggests that God is perfect and unchanging, and therefore cannot create imperfection. In ACIM, the material world, including our bodies and egos, is considered illusory, a projection of the ego's fear and separation from God. From this viewpoint, imperfections arise from our misperceptions and identification with the ego, not from any inherent flaw in God's creation. ACIM teaches that our true nature is beyond the physical realm, and our journey involves awakening to this truth and releasing illusions.

Q. ACIM says we're dreaming, and this universe is not real, why did we start dreaming?

A. According to ACIM, the dream of separation and the physical universe came about as a result of a tiny, mad idea that seemed to enter the mind of the Son of God. This idea was the thought of separation from God, and it seemed to cause a split in the mind of the Son of God, leading to the projection of a world of multiplicity and separation. The Course teaches that this dream is not real and has no effect on our true reality, which is eternal and changeless. We can awaken from this dream by practicing forgiveness and changing our perception of the world.

Q. In Disappearance Of The Universe by Gary Renard it claims that God was asked a question by Christ that was not answered. What was the question?

A. I'm sorry, but I couldn't find any specific information about a question that Christ asked God that was not answered.

Q. In Disappearance Of The Universe, what does pg.123 state?

A. I'm sorry, but I don't have the ability to access specific pages of books. I can only provide general information about the book and its contents.

Q. Pg.123 states for a nanosecond a small aspect of Christ appears to have an idea that was not shared by God. The question was like, "What would it be like to go off and play on my own?" Which unfortunately is followed by an apparent answer. What was God's Answer?

A. I'm sorry, but I couldn't find any specific information about God's answer to the question, "What would it be like to go off and play on my own?"

Q. In Disappearance Of The Universe, it says God did not answer the question because the idea was not of God. Therefore, was God's answer not answering?

A. According to The Disappearance of the Universe by Gary Renard, it is stated that God did not answer the question because the idea was not of God. In this context, it could be interpreted that God's answer was not answering.

Q. Were there Sons of God before the dream of separation?

A. According to ACIM, before the dream of separation, there was only the Son of God, who is one with God and is an extension of God's perfect Love and Oneness. The Son of God is often referred to in the plural as the "Sons of God" to represent the idea that all of us are part of the one Son ship. Before the dream of separation, the Sons of God existed in a state of perfect Oneness with God and with each other.

Q. I'm confused again, you said before the dream of separation, there was only the Son of God, then you say the Sons of God existed in a state of perfect Oneness. Please clarify.

A. I apologize for any confusion. According to ACIM, before the dream of separation, there was only the Son of God, who is one with God and is an extension of God's perfect Love and Oneness. The Son of God is typically referred to in the plural as the "Sons of God" to represent the idea that all of us are part of the one Son ship. Before the dream of separation, the Sons of God existed in a state of perfect Oneness with God and with each other. In other words, the terms "Son of God" and "Sons of God" refer to the same concept, the one Son ship that is an extension of God's perfect Love and Oneness.

Q. Therefore, before the dream of separation there were separate personalities of the One Christ Mind?

A. According to ACIM, before the dream of separation, there was only the

Son of God, who is one with God and is an extension of God's perfect Love and Oneness. Before the dream of separation, the Sons of God existed in a state of perfect Oneness with God and with each other. In this state, there were no separate personalities or individual identities, but rather a perfect unity and harmony within the one Christ Mind.

Q. So therefore the Sons of God occurred inside the dream of separation?

A. According to ACIM, the dream of separation is an illusion that seems to have occurred within the mind of the Son of God. In this dream, the one Son ship appears to have fragmented into many individuals, or "Sons of God," each with their own separate identity and personality. However, the Course teaches that this separation is not real and has no effect on our true reality, which is eternal and changeless.

Q. Clarify the statement the dream of separation is an illusion that seems to have occurred within the mind of the Son of God.

A. This means that the separation from God and the fragmentation of the one Son ship into many individuals is not real, but rather an illusory dream that seems to have taken place within the mind of the Son of God.

Q. According to both books, will we see and know our loved ones who died in our dream when we awaken in Heaven?

A. According to ACIM, when we awaken from the dream of separation and return to the awareness of our oneness with God, we will experience a state of perfect love and unity with all beings. In this state, the individual personalities and identities that we associate with our loved ones will no longer be relevant, as we will all be united in the one Christ Mind. However, the love that we share with our loved ones will continue to exist and will be experienced in a more profound and complete way.

Q. So therefore in Heaven we will retain the different personalities and memories we developed in our dream, but all will be purified because we realize we are all one in the Mind Of Christ?

A. The memories and experiences that we have accumulated in the dream of separation will be seen in a new light, as we realize that they were part of an illusory dream and have no effect on our true reality. In this sense, our personalities and memories will be purified as we awaken to the truth of our oneness with God and with each other.

Q. So therefore the love we share with our loved ones means our loved ones are there as we remember them from our dream?

A. While the specific details of our individual personalities and identities may no longer be relevant in this state of perfect unity, the love that we share with our loved ones will continue to exist. It will be experienced in a deeper and more meaningful way. The focus shifts from the individual details of our personalities to the underlying love and connection that we share with all beings. So, while we may not remember our loved ones exactly as they were in our dream of separation, the essence of our connection with them, the love we share, will continue to exist in a more profound and complete way.

Q. When we awaken from our dream of separation, will we retain our memories?

A. The question whether we will retain our memories when we awaken from our dream of separation is a complex one, and opinions on the matter vary. According to ACIM it's possible that our memories and experiences in the dream of separation may be transformed or transcended as we awaken to a greater awareness of our true nature as spiritual beings.

Q. According to ACIM and Disappearance, were all animals and sea creatures created in Heaven or in our dream?

A. According to ACIM and Disappearance, the idea of separation from God is an illusion. ACIM teaches that the physical world, including all animals and sea creatures, is part of this illusion and not real in the ultimate sense.

Q. Since we retain our memories in Heaven and will be Co-Creators with God, is it possible that we'll be able to create all animals and sea creatures to inhabit

Heaven?

A. The question whether we will be able to create all animals and sea creatures to inhabit Heaven is a complex one, and opinions on the matter vary. *It's possible that our understanding of creation and our role as Co-Creators with God may be transformed or transcended as we awaken to a greater awareness of our true nature as spiritual beings.*

Q. In ACIM or Disappearance does it say when we wake up that we will know all God knows, being that we are One with Christ and Christ is One with God?

A. Neither ACIM nor Disappearance specifically addresses the question whether we will know all that God knows when we awaken from the dream of separation.

Q. In Disappearance which is in alignment with ACIM how could Arten and Pursha just appear and disappear? Is it possible they learned this in Heaven?

A. It's possible that Arten and Pursah's ability to appear and disappear is a reflection of their spiritual nature and their understanding of the illusory nature of the physical world.

Q. Jesus states in ACIM that every action we performed in our dream due to love will be purified by him and offered as gifts. What does this mean?

A. This statement reflects a profound spiritual perspective. Let's break it down. Dream and Reality: ACIM teaches that our earthly existence is like a dream, an illusion. Our actions within this dream are not ultimately real. Love, however, is considered a higher truth, a reflection of our divine nature.

Purification: When we act from a place of love, genuine compassion, kindness, and selflessness, those actions are seen as pure. Jesus, as a symbol of divine love and forgiveness in ACIM, purifies these loving actions. This means he transforms them beyond their illusory nature. Offering as Gifts: The purified actions are then offered as gifts to God or the higher Self. In this context, God represents the ultimate reality, beyond the dream. These gifts symbolize our willingness to transcend ego-based actions and align with love. Transcending

Illusion: By recognizing the illusory nature of our actions and choosing love, we move closer to awakening from the dream. The gifts we offer become a pathway to awakening, a way to remember our true identity. ACIM invites us to question our perceptions, release grievances, and select love over fear. Ultimately, it encourages us to awaken from the dream of separation and recognize our oneness with God.

Q. Is it possible the term Christ is a state of being? ACIM declares the extreme importance of forgiving. In other words, if we obtain perfection in forgiveness, we will awaken to the truth that we are a Christ Being and not a human being.

A. In ACIM the term Christ holds a profound and transformative meaning. Let's explore it further: *The Christ State of Being: According to ACIM, the Christ is not merely a historical figure (such as Jesus) but a universal state of consciousness.* It represents our true identity beyond the limitations of the ego and the physical body. The Christ state of being is characterized by love, forgiveness, and oneness with God. It transcends the illusion of separation and recognizes the divine essence in all beings. It's the living expression of Light within us, a recognition that we are interconnected, eternal, and part of a greater whole. Forgiveness and Awakening: ACIM emphasizes forgiveness as a central practice. By forgiving ourselves and others, we release the ego's grip on our minds and open ourselves to the Christ consciousness. When we forgive, we let go of grievances, judgments, and illusions. In this process, we awaken to our true nature, the Christ within us. Forgiveness is not about condoning harmful actions; it's about recognizing that everyone is worthy of love and redemption, regardless of their past behavior. Beyond Human Identity: As you mentioned, when we attain perfection in forgiveness, we move beyond the limited perception of being a mere human being. We recognize our divine origin. The Christ within us is not bound by time, space, or physical form. It is eternal, unchanging, and connected to the Source. In this state, we see through the illusion of separateness and



experience unity with all creation. Remember that ACIM invites us to practice forgiveness daily, allowing the Christ consciousness to shine through our interactions and perceptions. It's a journey toward awakening, a shift from human identity to divine realization.

In summary, I feel this is Divine Truth from Jesus and the Holy Spirit. In Heaven, we will no longer be burdened by our ego. Our minds will be 100% active, like Scarlett Johnson in the movie Lucy. However, I know "Knock and the door shall be opened, ask and ye shall receive." is Eternal Truth. I don't feel we'll instantly know all God knows when we awaken. Eventually, if one wants to know how to create a universe, they'll be taught. We will all arrive at the magnificent and beautiful truth that we are Co-Creators with God. This is so very true because God's very nature is to share His very Being with creation. I feel it is critical for us to understand that we are not Human beings, we are Christ beings.

### **Chapter 31: Lana's Writings**



The following writings come from my Facebook friend, Lana. She's 75 and is one of the most gifted writers I know. Lana explained, "About eight years ago, I was diagnosed with a terminal illness, Pulmonary Fibrosis. There was no cure nor even treatment. The doctors told me that in an otherwise healthy person, which I was not, the outlook was that I had about a year to live. However, deep

within my heart, it did not seem real to me. I went into meditation and asked Jesus, "What is the truth of this?" His response was so comforting. Jesus told me, "Let the doctors take care of your body and I will take care of your mind." *Knowing that the mind was the only thing that could truly be sick*, I depended on Jesus to keep my mind healed, and I had an *inner knowing* that as an effect of a healed mind, my body would also be healed. The next few months were a real adventure and a test of trusting that Truth was true. I did let the doctors, I had three, take care of my body but paid little attention to what transpired because I was focused with Jesus on keeping my mind healed and *open to receive miracles*. Over the next six months, my MRI's painted a picture of healing which left my doctors puzzled and confused. At first, they thought I just had a slowly progressing type of Pulmonary Fibrosis. Then, the progression of my illness seemed to stop entirely. Finally, the scar tissue that had been growing in my lungs began to disappear. Again this left my doctors scratching their heads in bewilderment, wondering how this could be possible. I knew how it was possible and just watched my healing unfold, as my trust in God grew stronger and stronger.

This is just one of the many healing miracles I've experienced over the years. One so-called body adventure took me to death's door as I was given the last rites of the Church. I have written about my NDE and its miraculous nature that took me beyond my body into another spatial dimension where I was filled with the peace and joy of God. It was given me realize that it was perfectly OK to stay in my body or to leave it. It was my choice. On another occasion, I experienced two heart attacks within a few hours and had to be flown to a hospital that was better equipped to handle my situation. During the trip, I was floating above my body and was able to watch the medical attendant try to keep me alive until we arrived at the hospital in Boston. During this time, I felt no pain and was in a state of perfect peace. Once again, I felt it was perfectly fine to return to my body or leave it behind. Both times, I felt perfectly safe and

protected and had no fear at all. I no longer fear body adventures or even the demise of the body. Whenever they occur and for whatever reason they occur, I simply keep my heart and mind fixed on God and surrender myself to the Will of God. I just submit, "Let it be done unto me according to Thy Will." These are the same words spoken by the Blessed Mother when she was told she would be the mother of Jesus.

There were other times as well, but the ones mentioned above brought the greatest lessons to me. What I learned was that there is *absolutely nothing to fear*. Just beyond the shadow of the valley of death, there is a *something else* that clicks in and takes over. I've only experienced this *something else* during the two NDE's mentioned above. This *something else* just took over my entire being, providing the assurance that everything was as it should be and that everything would be OK. I trusted it completely and just went along for the ride, it was a miraculous and beautiful spiritual ride." The next articles were written while she was recovering. *Her writings are true and astounding.*

### **When the path to hell transforms into the path to Heaven.**

The following essay comes in three parts. That's just how Jesus announced it to me in this morning's meditative writing. The next part will come within the next day or two, it usually does. This part begins a little dark, but then becomes bright and shiny by the end. So here it goes, when the path to hell transforms into the path to Heaven. By now at least for most of us we have tested out forgiveness and experienced its healing effects. No longer is it an abstract concept, but a living and known fact based on our actual experience. Most of us know the drill by now. It often plays out as a journey into hell and then back to Heaven again. First, we notice we are not at peace, or we notice the symptoms of losing our peace. We may think, "Oh no, here it comes." There are so many symptoms, and we can experience one or many of them. There is anxiety or worry present. Pain, either physical or emotional, shows up. Or, we notice we are stuck in what seems to be an unsolvable problem. In

general, we feel lethargic, unmotivated, and maybe even depressed. Perhaps there is a grievance or anger present towards someone or something. For whatever reason, we feel we are lacking something that if found would solve everything and return us to wholeness, completion, and to peace.

There are other symptoms too numerous to mention. These “appearances” tell us that our mind seems to have been taken over by some alien power that Jesus in ACIM refers to as “ego.” It is a nothing, appearing as something, and it seems to have captured us as its prisoner. It feels so real and so much a part of us that we misidentify it as being us. It can feel like we are possessed or hypnotized by some unknown force. It makes us feel alone, separated and abandoned by God. The voice of the ego frightens us and keeps us in a state of fear. We may even come to believe the only way to survive is to bow to its will instead of the Will of God.

The voice of the ego always comes gift-wrapped in specific stories or situations that seem to validate its lies and convince us that they must be true. These stories and situations are but effects of the ego mentality and only serve to keep us under the ego's grip and control. There then comes an endless process of seek but do not find, for there are no answers in the ego's grab bag, which is based solely on the past. The past is the only point of reference the ego has as a source for any and all information. Yet, like the ego, there is no past and there is no time. Nothing the ego offers us has a thread of Truth within it. Yet, as unbelievable as it seems, while under the spell of the ego, there seems to be logic. Granted, it is a sick, distorted logic based on the ego's misperceptions and lies and only makes sense to a sick mind under its influence. Is any of this starting to sound familiar?

The voice of the ego takes us on a journey towards hell. We become time travelers. It keeps our mind fixed and focused on past regrets and future worries. It is the complete opposite of the Voice of God, which leads us on the path to Heaven. Its path is a peaceful one and can only be found here and now. The

voice for God does not time-travel but, rather, keeps our focus on now, what Jesus teaches us is the closest approximation we have in our human experience to Eternity, and leads us to our true Home in God. I don't think a day goes by that I don't thank God for A Course in Miracles. It is an out-of-time communication brought to us in time because that is where we believe we are, and God always meets us where we are, or we believe we are. Jesus, in ACIM, comes to remind us that spells can be broken and that there is a remedy for ego's spell as well. ACIM reminds me that everything that is true and real is also eternal. Its everlasting and unchanging nature is still present within the mind I share with God. It reminds me that every loving thought I've ever had is saved for me for all eternity. All I need to do is touch the hem of God's love, right here and right now, and the ego's spell is broken. Anything and everything touched by love's presence is healed, restored, and returned to peace. We remember and recognize that our God-given free will is still intact, and we can always *choose once again*.

The one solution for any and all perceived problems is simply in our decision to return the mind to God, right here and right now. It comes through our willingness to forgive what never was. It comes with the willingness to accept the Atonement for ourselves. Willingness is the key. The willingness to see things differently, willingness to be here now, willingness to allow forgiveness to heal, willingness to be healed, willingness to accept God's Will instead of an alien will separate from God's. The willingness to return to the path to heaven, and to peace. Willingness to join in unity with God and all of our brothers. The rewards are infinite. Most cannot be expressed through the word symbols of any language, but I do know this. With the healing of the mind comes everything I could ever want or desire. It comes with clarity, certainty, and peace. I recognize, I realize, and I remember who I am, who my brothers are, and who God is. For me, the entire process I feel is summed up in one sentence, "Love recognizes Love and remembers Itself." Also, there are two scripture verses that have

miraculously come alive within me. No longer just flowery words, they live within me as absolute Truth. "God is Love, and he that abides in Love abides in God and God in him." The second one is, "My Father and I are One." Jesus tells us that ACIM is a beginning, not an end. Its goal was to Know Thyself. Now that we are aware of who we truly are, and now that we are awake to the fact that we are dreaming, Jesus is still here to guide us in how to navigate through this human experience. He did this over 2,000 years ago. To be in the world but not of the world, and to practice forgiveness in every situation. Or, as Wayne Dyer always said, to function as Spirit having a human experience. Jesus has a lot to say about all of this.

## **Part 2: When the path to hell transforms into the path to Heaven.**

Let us continue in our transition from the path to hell to Heaven's way. Part two may begin as a little too metaphysical for some, but it is fundamental. It is fundamental in our understanding of how the path to Heaven is wide open and available to all of us to choose. Its password is Love. Being it, extending it, sharing it, demonstrating it, and living it. We are really not going anywhere that Love is not. It just appears that way through distorted perception. The means of healing these distortions is *forgiveness*, the motivation is inner peace, and the goal is, Know Thyself. The return to Heaven's path is the return to Love's awareness.

Since in Truth, Heaven is a state of mind, the path to Heaven begins in the mind. Heaven has never left our mind, and we have never left Heaven. Yet, perceiving via a split mind can make the path confusing. It is important to remember we are Spirit first and always. Yet, within our dream-like existence, we seem to be having a human experience. Just as the goal of ACIM is Know Thyself, so is it that we transform the path to hell into the path to Heaven by Knowing Thyself. It comes from the power of knowing our Real, True, and Eternal Self, as God created us. Jesus tells us. "The term mind is used to represent the activating agent of spirit, supplying its creative energy." I find this whole section



so significant in our acceptance of who we truly are. How our perception of it being split between Spirit and ego can really mess up our discernment of what is real and what is not.

The fact that the mind is the activating agent of the Spirit is key. Yet, because of its split nature, the mind can be misused on behalf of the ego, but only if there is a belief in place that this so-called ego is a real thing. Our perceptions follow the beliefs that are embedded within the mind. Our beliefs are projected out and perceived as real. Projection makes perception. We can never depend on our perceptions to tell us anything of Truth. They distort and hide the truth about everything we see. So we see nothing as it actually is. Mind can only act as it is directed. It will either respond to Love and activate Spirit, or it will react to fear and seem to activate ego. The first is a *real* response and the latter is an imagined reaction, believed to be real. It all comes down to Who/what is in control of the mind at any given moment. Love or fear. We are called to look within and ask, "Am I functioning from my right mind (Holy Spirit) or my wrong mind (ego)?" and, "At this moment, is my mind aligned with Truth or illusion?" The real question is, "Am I at peace?" That answer tells me everything I need to know.

It is why keeping a present state of awareness is so critical to maintaining a peaceful experience of life. Am I at peace? Even asking this question will automatically bring your focus and attention back to now. This is because the answer can only be found within us, right here and right now. And, you will get an immediate answer, *for only you know if you are at peace*. You can't get the answer from anywhere outside yourself, only by looking directly within.

The bottom line is that if I am not at peace, I am not in my right mind. If I am not in my right mind, then my mind must be aligned with fear. And if I go ahead and react while in this state of mind, it is by my decision the ego is activated instead of Spirit. We all know how the effects of that decision will play out in our experience. Here and now is where this decision is made because in truth there

is no other place or time that exists. Yet, that fact is not helpful to us if our awareness is off traveling in time and engaging past regrets or future worries. It is our awareness that must be present, our conscious awareness, so we can make conscious choices. Otherwise, the choice is made for us and is seldom the right-minded one because it is based on our established and habitual pattern of thinking. Usually, if not always, it is controlled by the thought system of the ego. It is an imaginary thought system, but one that is believed to be real. This moment of decision between responding with Love or reacting with fear is not a time to think. It is the time to *trust*. It is the means to rule the Kingdom of our mind and to direct the mind to activate the Spirit of God within, the mind we all share in Unity as One with our Beloved Creator.

This is what training the mind means, and how it relates to the quality and peace of our everyday life. To not maintain a present state of awareness, is like relinquishing our freedom and our power as the Son of God. You can never lose it, but if it is out of our awareness, what good can it do for us? Here/now is the mission control center of the mind. Our mind-training helps reprogram our thinking to stay alert to the condition of the mind. The more we check in, the more we begin to notice the first hints of discomfort. At that moment, we are present to make the choice for God, thereby activating the Spirit and Creative Power of God within us. At that moment of making the conscious and deliberate decision to choose God, the Spirit is activated, It steps in, and takes care of everything *for* us. In that instant, all thinking stops. The mind can relax and rest in God, knowing that whatever is in need of healing will be healed, and most likely the only thing in need of healing is itself, the mind.

If you noticed, there was nothing for you to understand. There was nothing for you to fix or figure out. There was nothing for you to even think about. There was nothing for you to do, *but* trust in God and in Truth being True. We act on it by making the right choice for God/Love. With this decision, the mind was healed, returned to right-minded perception, and you returned to peace.

Always remember Divine Order. First comes forgiveness and healing. With the healing of the mind comes understanding, clarity, certainty, and the Peace of God. In the process, we are also learning not to confuse cause and effect. In truth, there is no gap between them, just as there is no gap in giving/receiving. But perceptually, they do seem to play out linearly, a first this and then that experience. For the purpose of forgiveness, the cause of any misperception is the mind, and the effects of the misperception show up in our experience. Therefore, the mind is always the only aspect of self that is ever in need of healing. Heal the mind through forgiveness, and all seeming effects are healed with the healing of the mind.

I bring this up because we only waste time stumbling around trying to fix or understand the effects of our misperceptions. These effects show up as the stories that seem to validate and hold our fear in place, making it appear real. We can get stuck in the effects of our thinking, rather than addressing the cause. Jesus tells us that this is neither good nor bad, just a tragic waste of time. It is also not a call for judgment of ourselves or anyone else. We just return to the path of forgiveness. Why else would the *choose once again* option be included in The Plan of Atonement? It was put there because God, in His Infinite Wisdom, knew we would need it on our path to awakening to Heaven.

Jesus also reminds me often that the root cause of all of our perceived misery boils down to our misidentification of Self. However, Jesus also assures us that as we forgive (let go of) everything we are *not*, who we truly are naturally will rise up and into our awareness. *I find it so comforting to remember that Christ is in all of us.* Christ is ever-present and eternal, holding us all in Unity with God. What I've found helpful is to just say, I'm not that, to anything that does not reflect the purity, innocence, peace, and perfection of God. Just forgive it. Remember that forgiveness is not a doing on our part. It is the willingness to have it done *for* us. As Jesus teaches us, "Forgiveness, on the other hand, is still, and quietly does nothing. It offends no aspect of reality, nor seeks to twist it to appearances it

likes. It merely looks, and waits, and judges not."

Whatever shows up and seems to distress us, we simply let it be, let it flow, and let it pass out of our mind. Any appearance not of God and Truth will pass through and disappear, but only *if* we do not latch onto it and make it seem real in our experience. We just remind ourselves, I'm not that. We wave goodbye as it passes out of our awareness. All the while we stay fixed, here and now, in the loving arms and Mind of God. Love has returned to love and feels safe and secure in Its Embrace.

There is so much more to share on our path back to Heaven and Love's awareness. There is so much more to come. From the moment of our decision to choose Love over fear, which aligns our mind with Spirit and activates its power to serve us, comes healing. This brings back our memory of not only who we are but who our brothers and sisters are and most importantly who/what God Is. We discover this human adventure is a shared one. No longer is this sojourn in life a separate and lonely path, me transforms into we. We walk together, we love together and extend God's Love out onto the world we perceive before us. We seek no longer to solve or fix or even try to figure out what shows up before us. We *trust* the Spirit of God within us, our Holy Spirit, to take control of us. Let all things be exactly as they are. We do not interfere with God's *loving remedy*. Just as we do not touch a wound and expect it to stay clean and heal. We do not engage a seeming problem after we have given it to God to heal *for* us. At the level of mind, we simply let it be, let it flow, and let it go. This means think no more about it. It was but a misperception of the mind. To engage it is to engage nothingness. It is merely appearing to be something it is not. How do we access this realm of no thought? Very often, right after I have made the choice to activate the Spirit of God within me to handle whatever perceived problem is showing up before me. I leave the battleground that is the path to hell and simply do this. I'm still, and lay aside all thoughts of what I am and what God is, all concepts I have learned about the world, all images I hold about myself. I empty

my mind of everything it thinks is either true or false, good or bad, of every thought it judges worthy, and all the ideas of which it is ashamed. *I hold onto nothing.* I do not bring one thought the past has taught, nor one belief I ever learned before from anything. I forget this world, forget this course, and come with wholly empty hands unto my God.

I often visualize sitting at the feet of Jesus, my head laying in his lap, and he's comforting me, patting me on the head as a parent may do with its child. We are *all* the Children of God, and His will is *always* to Love and Comfort His creations. *His Will is for our perfect happiness.* We need only to *accept* His gift of the Atonement and own it as our own. We need only to always make the choice for love, truth, and trust in it with every fiber of our *being*. If we check in right here and right now in the mind of the one reading this essay, ask only, "Am I at Peace?" This will tell you *everything* you need to know.

Finally, always remember that. This Course is a beginning, not an end. Your Friend goes with you, you are not alone. No one who calls on Him can call in vain. Whatever troubles you, make the conscious choice to join in unity with creation and leave behind the habitual mentality of separation. In that instant, the soul begins to awaken from its slumber. It begins to become aware of itself. Be certain that He has the answer, and will gladly give it to you, if you simply turn to Him and ask it of Him. He will not withhold all answers that you need for anything that seems to trouble you. He knows the way to solve all problems, and resolve all doubts. His certainty is yours. You need but ask it of Him, and it will be given you.

### **Part 3: When the path to hell transforms into the path to Heaven.**

Within that Holy Instant of choice, we direct the mind to walk out of its separated state of isolation and rejoin our brothers/sisters in the Mind of God. In Truth, we have never left. *The only thing that actually left was our awareness of being there.* We simply forgot that our wholeness and completion always dwell with us in Unity with our Creator and all Creation. Within this Holy Instant (the

here and now of us), the shift in perception occurs. But it can only come to my awareness by and through my decision to choose it. The Miracle happens in our decision to rejoin our Wholeness in God, with our brothers and sisters in Christ. Our perception shifts back into alignment and the mind returns to sanity and peace.

This is why Jesus teaches us that Miracles are shared between brothers. The ever-present Love that we *are* inspires our choice to join, inspires our desire to *decide once again* and rejoin our family in God, and in Truth. This Love that inspires Miracles is the same Love that activates and expresses Miracles. You are not only a Miracle Worker, you *are* the Miracle because you *are* Love. Once again, we see the effects of choosing Love over fear and choosing Unity over separation. We remember that we are Spirit, seeming to be having a human experience, but now that experience is one of Love and Peace instead of worry and regret.

This begs the question, *Who is the One that is making this choice? Who is the One that is directing the mind to decide Love instead of fear?* It is the One that is now aware that there is a choice to be made. *It is the Pure Awareness of Being.* It is the One that is aware of being aware of the words of this essay and reading them *now*. The One that is aware of everything that seems to appear before it. The Pure and Perfect Awareness of Being, with nothing added to obscure or defile its Perfect State of Peace.

In short, it is the Soul awakening from its slumber and beginning to remember Itself. It is the One that at first just recognizes and notices I exist, that there is an experience of existence within this awareness. It notices that It is the One who is aware of being aware. When and if, It looks at Its Nature, all that it is aware of is a still, quiet, and peaceful presence. At that moment all it recognizes is that it is aware that It exists, and Its existence is aware of only Pure and Perfect Peace. Yes, Soul is awakening to the awareness of Self. It is just beginning to remember. If, and this is a big if, it goes deeper within, Its



awareness seems to expand, and it recognizes that it is a part of something that is far more vast. As yet, it is not aware of what this vastness is, aware that there is more to become aware of in its experience of being aware. For now, all that It is certain of is that It exists as the Awareness of Perfect Peace, and stillness of Being. Little does It realize that It has stumbled upon Its Home in Love and Its Reality as Love. However, if at any instant It chooses to look without instead of continuing on Its journey within Its own Nature, it begins to become aware of other seeming appearances. They seem to be outside the pure and peaceful sanctity of Its Beingness. It now becomes aware of a something that appears separate from Itself. At that instant, when Its focus is pointed without and away from its within, Its awareness seems to expand again but brings a completely different experience. These appearances seem to disturb its Pure and Perfect awareness of existence. It becomes aware of darkness being laid upon the Light of Its Being. This Being of Pure awareness becomes confused and frightened by Its new awareness of a something other than Pure and Perfect Peace. For the first time, this Being of Pure and Perfect Peace asks, What Am I? Who Am I? Am I the within, or the without?

Its journey of Awakening and Remembering Truth has begun. In that instant, Its awareness becomes so limited, and It seems blocked by a new awareness. It is awareness of a darkness It does not understand. Little does It know of Its Divine Power, the Power of Love that Is Its Truth. Little does it know that there is *nothing* that is not a part of Its Wholeness and Oneness in God. It is not even aware that such a something as God exists. All that it is aware of is that it is frightened and alone, *yet*, it feels an inner urge to call for Help. Little does it know that Its call for Help was heard and answered. Little does it know that in that very instant, the Holy Instant, It made the choice for the opposite of the darkness that It was experiencing. It made the choice for Love. And in that Holy Instant, the awareness of a Light Within grew brighter and stronger and made a path back to Heaven, where only the awareness of Pure and Perfect Peace

resided.

The call for Love was made, and the Father always responds to every call of His Son with the Self-Same Love contained within the call. The Son recognized the Love within as Its Father. Love recognized Love and remembered Itself. The choice was made to join in Unity as One. The choice was made to return to Love. Now, the awareness of the Perfect State of Oneness has awakened and exists within the Son ship with Its Creator. It is/will be/has been accomplished. Time rolls up into Eternity, here and now. Within the Holy Instant, miracles occur, and the mind shifts back into alignment with Truth and Reality. For a Holy Instant, time/space, the body, and the ego are forgotten long enough that one can catch glimpses of Reality, and they become points of reference for our access. These access points are never forgotten because they are Real. They are like building blocks that create a mental bridge that leads us back to the path of Heaven and to the Peace of God. Your Real and Present Memory is being restored to your awareness. It was never lost, only forgotten. *Always keep in mind that Real Memory is of a present state of awareness, and has nothing to do with an imagined past.*

Every occasion we choose to join in a Holy Instant in the present moment, our remembrance and awareness of Reality and of our True Self is strengthened. We begin by bringing our awareness to the present moment. We fix our focus and attention right here and right now. It may seem strange in the beginning, but soon we discover all the spiritual goodies associated with Truth are found and realized here and now; not the least of which is our *peace of mind*. Soon being present becomes a treasured habit. Once this habit is formed and stabilized, it is a place in which we desire to visit and stay within as much as possible. Every instant then becomes a Holy Instant in which we join and share Love and Peace with all of our brothers/sisters because they are there with us in the Mind of God. The Holy Instant is the Instant God is remembered. The ego thought system, time, space, the body, and everything we have come to believe in as real, fades

away in this present state of Being. It is in our joining and sharing of what Is Real (here and now) that Real Memory is restored and everything unreal disappears. Soon we learn to join with our brothers in this sacred space for healing and in sharing the Love of God.

Here and Now is a state of present consciousness that serves two primary functions. One function is that of experience, and the other function is choice. You could say consciousness is a state of being where we experience the effects of our choices. Consciousness of itself has no other powers or purpose. It responds based on the choices made through either the ego thought system or through the guidance of our Holy Spirit. Once a conscious choice is made, a conscious experience is had that is reflective of our choice.

Never forget God's safety net built into the plan of Atonement. We can always *choose once again*. Undo what never was and continue on the path to Heaven. Our end, is really our beginning. When the choice for the ego thought system is made, we can count on all of our experiences to be fear-based. Because it is a dualistic thought system, our experiences may show up a good/bad, right/wrong, hot/cold, and up/down. However, what will be lacking *a/ways* are certainty, clarity, and a peaceful state of mind. Even an experience that feels exhilarating and exciting can also be terrifying. Because duality is made up of only opposites, certainty is never possible. The mind bounces back and forth from one to the other, or often becomes stuck in the middle. Being a thought system based on confusion, it can never provide certainty. It is a thought system that thrives on conflict, confusion, and indecision. Clarity of mind is never an attribute. Obviously, without clarity or certainty, the idea of peace of mind must also be absent. How can one possibly compare the ego thought system to what is discovered within the Holy Instant of here and now? How does one describe a new primary color that has never been seen before? When one joins with another for the singular purpose of healing, something miraculous happens. One has to pay close attention to catch a glimpse of what is *not* present. There is no

little self anymore. Something happens when two join in union with God. All sense of self disappears. One's awareness of anything outside that united holy moment vanishes. Now is all there is, and place becomes no more. Information comes from a new Source, a Source not of the thinking mind but outside of it. It is so huge and expansive, one can get lost in just the thought of it. What appears in the mind is not of our making, it just arrives without any effort, and you have a knowingness and a certainty that it is true and real.

Here and now, this Holy Instant, is the place of miracles. It is where forgiveness occurs and healing appears. It is where we commune with God in Christ and there is no sense of any gap or separation existing. It is whole, it is peaceful, still, and wonderful. It is Love. One wants to abide there forever, the path to sanity and happiness. The Holy Spirit is nothing more than your own right mind. The Holy Spirit is not separate from my own divine mind, I share with God. I have access to it whenever I choose it. Its healing power can only be released by my decision to join it.

When I think of right-mindedness, I think of clear thinking and clear perception or vision where everything makes sense again and its nature becomes obvious as if a light bulb has been turned on in the mind. I experience it as a link, not only a communication link but a link to a Source of high energy healing energy that I can ride along with for as long as I stay focused and fixed on its attributes and not be distracted and pulled back into an ego perception or mentality. It is like riding the *God wave of Divine Energy*, which should be our natural manner of existence. This is what is defined as the Happy Dream. A realm where, although still dreaming, we experience the dream as a reflection of God's Love and its Truth. To stay in the Happy Dream, I need to stay fixed and focused on it by aligning the mind with its attributes. These attributes are also the attributes of God and Truth. I'm not always successful, but when I am able to maintain my focus and attention on Truth, the following reminders have proven helpful to me and I hope you find them helpful as well. Affirming that I am One

with this Source of Divine Energy that is God. I am not separate, nor have I ever been separate from my Source. And this magnificent Divine Energy of God provides for everything I could ever need. It is what the birds and flowers naturally accept and never question.

Watching my thoughts and feelings, they are my barometer for knowing if I am obstructing my access to my divine Source. They tell me if I am aligned with the Mind of God or in conflict with it. I practice forgiveness whenever the slightest hint of discomfort or disharmony shows up in my mind through either thoughts or feelings. When in doubt, forgive. Forgiveness heals whatever requires healing and returns my mind to peace. Expressing gratitude to God for who and what I Am. Gratitude acknowledges what I have, and to have it is to know I Am it. Sharing the gifts of the Kingdom. Our divine Source of everything is a continuous flow of Creation. It is *always* sharing itself and in this way ensures the process of Creation continues. Any hoarding or attachments to what has been given us only impedes its flow to and through us. *Extending what I am to be what I am. This is similar to sharing in that to have Peace, I extend Peace. To know Love, I extend Love.* God created us through the extension of His Love for us and to know we are a creation vehicle for God, we practice it in our daily life. Allowing and not resisting what shows up in our lives. Resisting not evil is wise advice. For everything that shows up in our daily experience, we either Love it or heal it, but we never resist it. To resist is to give that which is not real a false reality. It is what ACIM calls, making it real. That is an obstruction to everything that *is real*.

Listening and following the guidance of the Holy Spirit. I do this through meditation and prayer. Prayer to me is communion with God. I sit in silence and listen for thoughts that show up in my mind that are not of my making. While meditating or communing with the Father, I feel our Oneness and shared Love for all Creation. Grab hold of your divine Source and live there. Be alert to anything that suggests we are being drawn away from it by the ego. Pay the ego no mind,

except for healing the idea that it is real and can affect our experience of God's Love as His perfect Child. Always remember, the ego is not a real thought and actually does not exist. When we are in our right mind, we realize this and pay it no mind.

Just behind all the imagined obstructions we have made to limit and block our awareness of the Truth, Truth stands eternal and shines Its Light. This Light of Truth is forever pristine, ever-present, and unaffected by our ignorance of it and Its God-given powers, which belong to us as creations and extensions of God. As such, we can truly say, *We are the Light of the World*. In Truth, there are no blocks or obstructions that can dim our Eternal Light. They are only the “seems to bees” of this life experience. “Seems to bees” are delusions and distortions of the mind and have no basis in Reality. They are like cloud vapors that try to block out the sun. Yet the light of the sun is never diminished by the clouds. Our imaginary obstructions show up as thoughts, perceptions, physical sights and sensations, and our beliefs about them. We give them so much meaning, they can captivate us and divert our focus and attention away from the ever-present Light of our Being. They distort Reality until it becomes unrecognizable and even forgotten. Yet, be never deceived for an instant, my friends. The brilliant Light of our Self continues to shine out from us into all Creation. The eyes of God see through the eyes of His Creations and beholds Creation as He Created it. God expresses and experiences Himself through His Son. *God is in everything I see because God is in my mind.*

Always remember that our imagined obstructions that seem to hide our Light have no power, other than the power we give them. We feed and nourish them when we focus our attention on them instead of on God, thereby affording them a false reality. They are illusions. They do not exist except within the ego thought system, and that is an illusion as well. How can nothing have any power? As Jesus reminds us, “By giving power to nothing, he throws away the joyous opportunity to learn that nothing has no power.”



What is the remedy for the mess we made up? What is there to do about nothing appearing as something? We have been conditioned since birth to believe we must do something, to fix things and all kinds of “doingness”. The idea of doing nothing and accepting what is for the most part are alien concepts. They seem so counter-intuitive, and go against our human nature. *Yet, where illusions are concerned, to do nothing is exactly what is called for.* Forgiveness, on the other hand, is still, and quietly does nothing. It offends no aspect of reality, nor seeks to twist it to appearances it likes. It merely looks, and waits, and judges not. *Over the years, I have discovered that there is but one solution to any and all perceived problems, and that is returning the mind to God.* As we bring all of our focus and attention to this present moment, we are abandoning the imagined thought system of ego and choosing God instead. We bring whatever seems unlike Love to Love. There, all ego thoughts, feelings, and sensations naturally dissolve and disappear. And in this present moment, as we give them over to our Holy Spirit, they are starved by our lack of focus and attention on them. No longer are we giving power to nothing? Rather, we are reclaiming our Power as the Son of God. There is but One Power, Emmanuel, which means God with us. In returning the mind to God, we literally swim within an ocean of Love. It is the atmosphere of our existence. *How could anything exist outside All?* In Unity and Wholeness, we were created and in Unity and Wholeness, we eternally remain. We affirm God Is and anything, unlike Love, disappears into the nothingness from which it came. *We say God Is and cease to speak.* Nothing else needs to be said because within God Is, *everything is accomplished. You are the One you are searching for.* Truth is only found within, and even then I ask What is the Truth of this? Whatever this may be at any moment. *All* perceptions are distorted, even those of great spiritual teachers. Only within can Truth be recognized, remembered, and experienced; all else is interpretation. We *all* carry the Truth within our own holy minds. As Jesus reminds us in ACIM, "Delay does not matter in eternity, but it is tragic in time."

Everything is a pointer to God and Truth. Even A Course in Miracles is but a pointer to Truth. I have found it to be a very effective one. Either through gratitude or desperation, we all find our way home. Let us not spend all of our time trying to understand the words of ACIM but rather seek the inner peace it offers and Truth is effortlessly revealed from that point of peace. The Peace of God is always right here and right now as your Holy and Divine Self. It is an accomplished fact. Yet, it is always our choice to take a long way home or a more direct route. Many times we are like the puppy dog chasing after its own tail, believing it is separate from Itself. Eventually, the puppy catches its tail and Truth bites him in the ass, surprise. Jesus tells us that awakening need not be painful, but it usually is. Putting false gods before our own, I Am, is merely an ego tactic to delay the inevitable,

Do you really believe the finite mind is capable of understanding Infinite Truth? You, right here and right now, *are* the Holy Son of God. *Be that.* God's Presence and God's Voice go with us wherever we go. They are the Reality of Self. His Voice and His Love define me. It is not the other way around. They are the truest Truth to me. They are the gifts I share with everyone and everything I see. It is the loving exchange and sharing of Love with Love, that giving and receiving merge into One complete, whole, and seamless experience. It is there that I discover my Holy Relationship with All of God's Creation. Practice makes progress. Yet, that which is Real and True is already accomplished. *We are an accomplished fact of God. Might as well enjoy all the Gifts of the Kingdom. Now.* Our ego wants us to be either regretting our past or, best yet, worrying about the future. When we live in the moment, what can hurt us? Nothing. The Course refers to this as living in The Holy Instant.

## Chapter 32: The African Mother



Let's say you're an African mother living in the jungle in the year 1694. You've been with your man 17 years and have 4 children. You work hard and are 48 years old. Not easy raising 4 children and a sometimes childish husband in this sweltering hot environment. All in all, life is good for you, and you laugh much more than you cry.

One day, some white folks come into your village who are missionaries. They seem like nice people who have great food and smile a lot. They begin explaining about some man named Jesus who lived thousands of years ago. They tell you he walked on water, the blind could see, the deaf could hear, the paralyzed could walk, he raised the dead, and after he was hung on a cross to die, he raised himself 3 days later. Now these well-meaning people tell you he died for your sins, and you must believe this, or you're going to eternal hell. You ask, "What is sin?" They tell you. "What is hell?" They tell you. You go to bed that night thinking this newfound information is a little absurd. This whole stuff sounds pretty out there to you. Who on earth came up with all this? You've lived a hard life but a good one. You have no enemies, many friends, loving children and a good hardworking and caring husband. Why on earth did these people tell you about this Jesus person? You've made some mistakes but now you've been informed these are sins. When you had asked what this sin stuff is about, they

informed you that you've sinned against God. You asked, "What's God?" They explain God had made you. You had thought all this time that your parents had made you. Also, this God who you have never seen is furious with you and is going to send you to a place of unending pain and misery. Forever. However, you've been told some good news. All you have to do is believe in Jesus, who died for the sin you didn't know you had done. So, now you're thinking, this God sent His only son to earth and commanded him to endure torture, suffering, and death? You don't want anything to do with any of this nonsense. You had even begun to feel guilty about mistakes you were informed were sins. You had never felt guilty before and certainly do not appreciate the feeling. You truly like these kind-hearted missionaries and are a good judge of character. You never lie and always tell the truth. The minister asks you if you believe in Jesus. You tell him you'd rather not, as you were doing better before thinking about their so-called truths. They left.

For several years you had been somewhat angry with the missionaries because they had disrupted your peaceful mind. You had started discussing this issue with their God after they had taught you how to pray. You understood the concept of forgiveness because you'd certainly forgiven your husband and children countless times over the years. To your astonishment when you told God you'd forgiven these folks, a feeling of amazing joy and peace briefly enveloped you and vanished. Over the next decade you and God became quite close, and you considered Him your best friend. You knew God understands your unchanged feelings about the sin issue and the death of Jesus. Years later, you reach the nice old age of 94 and die in your sleep.

Where are you now? Atheists will say "in the dirt". Born again Christians, "Eternal Hell." I feel the atheists have a much better response. A third glorious answer, "Enjoying the magnificent perfection and love of Heaven, forever."

## Chapter 33: We're Dreaming In Heaven



We designed every single occurrence in our dream, from the moment we were born. A Course In Miracles and Disappearance Of The Universe teaches that I am the only one here. Everyone I've known since birth is a figure in my dream. Jesus and I are watching the script of my life, which was over long ago. I am Christ. And so are you. Let us try to understand. Together. We need Divine Wisdom and not our ego's insane perception. Holy Spirit, thank You for leading us to Absolute Truth.

Why did I dream of a loving mother and father? To comfort me, as deep down, I knew I had left Paradise. Babies do not enter our dreams happy, do they? My dream of being a young child playing in the sprinkler, catching lightning bugs, hiking and playing hide and seek revealed the wonder and joy of playfulness and *truly living in the moment*. Why did I dream of being a little boy attending kindergarten for the first time? This dream showed me that I would be fine meeting new people outside my protective environment. Learning about Count Dracula, who could come into my room on a moonbeam, taught me terror. Crawling between my sleeping parents showed me complete safety. Why did I dream of a friend who became a bully and tormented me daily for several weeks? To experience fear. With my mother's guidance, I finally stood up to him, and he never bullied me again. I discovered a strength I didn't know I had

because I had never used it before. For the rest of my life, I never feared again.

Why did I dream of my first love, my high school sweetheart? She taught me joy, pleasure, and passion; the excitement I felt when I saw her. Why did I dream of going to college? To unlock an intelligence I didn't know I possessed and to understand the satisfaction of striving and achieving. Why did I dream of insanity; the wars, drugs, homelessness, poverty, corruption, crime, abuse, hurt, anger, lies, greed, and hate? To show me what I do not want. The dream of good and trusted friends who lied and stole from me taught me the beauty of forgiveness. Being crushed by a 50,000 horsepower, 30-ton overhead crane and surviving taught me about miracles. What about doing LSD on the weekends for over a year in my twenties? I learned of beauty, wonder, joy, and awe that exist beyond my five senses. The PCP experience taught me that hell is an ego lie. Why did I dream of my beautiful, loving wife of 20 years dying suddenly in front of me? To understand the depth of love. We do not truly understand what we have until we perceive its absence. Why did I dream of the talented beautiful celebrities, musicians, and athletes? Initially, I was envious. The beauty lay in becoming appreciative of their striving to achieve perfection in their craft, the talent they understood and developed. I feel they understand how blessed they are, and they share, extension. The egotistical ones are blatant. They will come to the Truth. Why? Truth is, and there is no opposite. Why did I dream of you reading this? To experience the joy of the thought of helping another, extension.





## Chapter 34: The Highest Fatality Rate Plant In The Nation



For those of you who feel you're working in a miserable environment, believe me, after reading this your perspective will change.

After graduating from college, I accepted the position of floor foreman in charge of pouring five, thirty ton heats of molten steel a night. I worked a steady midnight shift. This was at Buckeye Steel Castings in Columbus. I found the job through an employment agency. After the first night, I went back to the agency, "I can't work there". "Well, if you don't stay three months, you'll pay the eight hundred dollar fee and won't have a job." I returned and stayed for four years. Buckeye had *the* highest fatality rate of *any* industrial facility in the United States. Old industrial foundry, built in the eighteen-nineties before regulatory commissions. Extremely dangerous, many men were missing limbs or scarred from the steel. I have a plate in my left leg, a bolt through the hip and a huge burn scar on my hip and arm. My third year of employment is when a miracle occurred. Management had temporarily put me on day shift to oversee the mold master, the machine that made the smaller castings. We manufactured couplers, frames, axle housings, and bolsters for the railroad industry, our biggest customer. Our largest casting was a fifty-ton pipe cap, which drove pipe into the sea for the oil industry. We used facing sand to make the casting. If you put your hand into the sand, you'd see a perfect impression. This sand would be put into



molds, which is where the molten steel is poured. Sand was made in equipment called maulers, one-fifth mile down from the mold master. The sand was poured onto a continuous running belt, one yard wide, three stories up. When reaching the mold master, the sand would hit a plow directing to a chute and drop three stories below to the equipment.

This day is when my tragedy occurred. The plow jammed in the up position and the sand would not go into the chute, putting the mold master into downtime. I called maintenance and they were all busy. I decided to try to fix it. I climbed up three stories, walked along the catwalk, and came to the plow. Simple fix, an air valve had jammed, I put a screwdriver into the valve, releasing the air. I called the sand department to start up the equipment and walked the one-fifth mile down to see if the sand was being made. *This is when I made the most horrible mistake of my life.*

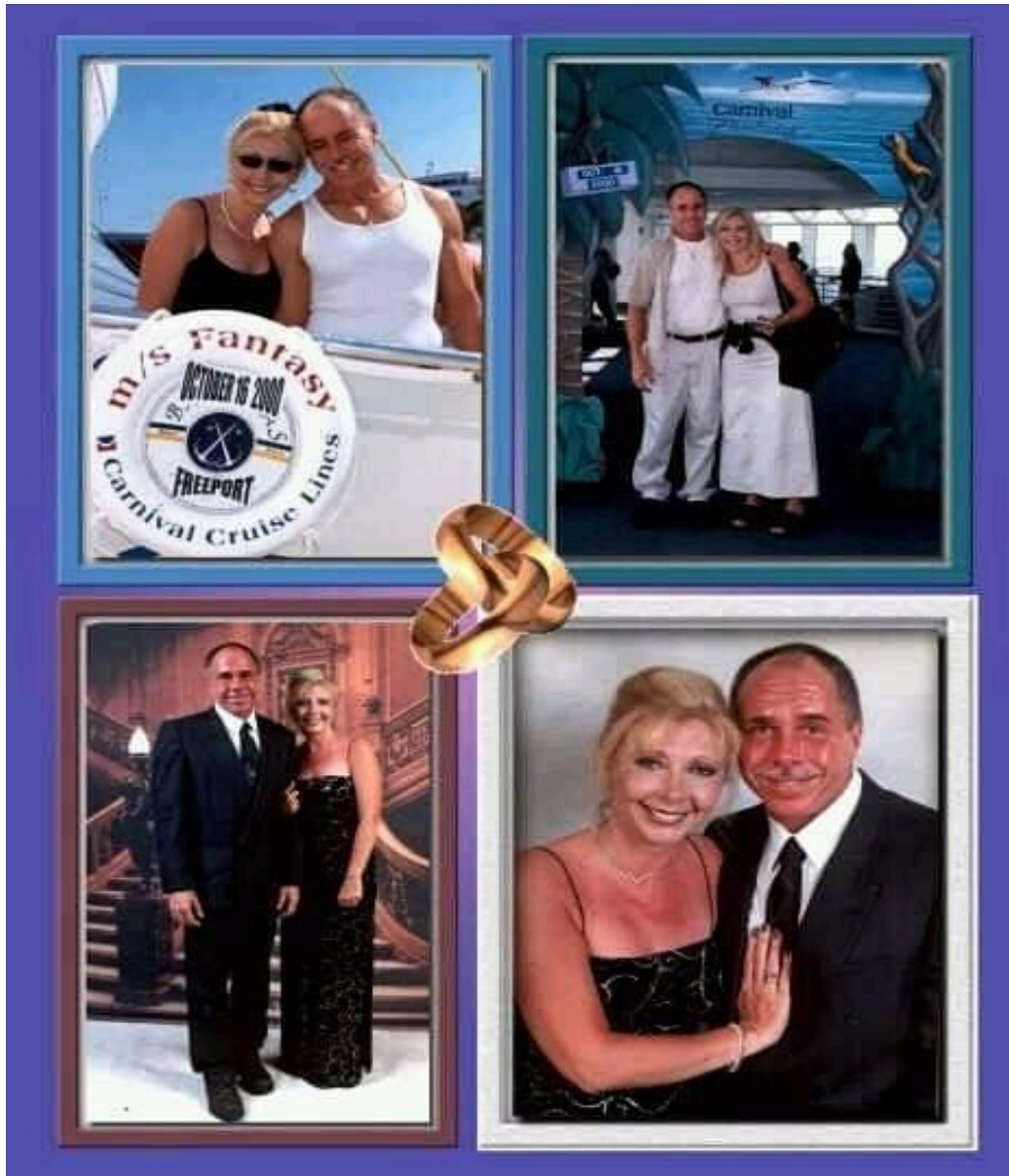
The overhead cranes ran on two railroad tracks. One track is on the south side, the other on the north. There is a huge pulley and hook, which lifts the ladle. There are bumpers on the cranes about three yards long to protect against damage if the cranes collided. At the spur of the moment, *I sat on the railroad track* to get a better view of the maulers. I looked in the crane cab, 30 yards over, to see if the operator was there. Empty. He'd been bending down. I had on safety glasses and no peripheral vision. The next thing that happened was the crane bumper hit and started to crush. The operator had been looking at the floor and saw my leg out of the corner of his eye and immediately plugged it. A thirty-ton, fifty-thousand horsepower crane doesn't immediately stop, there's a drift. If the operator had waited a split second longer, I would have been cut in two. The bumper was on me and off and snapped my left leg femur in two. I went into shock and passed out. The operator seeing me in a place where I had no business being and in split seconds saving my life is a very great miracle.



## Chapter 35: Our Tragic Second Honeymoon



Sunday we flew out of Pittsburgh, Mary Jo was holding my arm with her head on my shoulder. She had never flown and was scared. We arrived in Florida and boarded the ship. We were very excited and called this our second honeymoon. The ship set sail for Nassau and stopped at a small island. We looked at the local vendors' merchandise. The last item Mary Jo ever purchased was a cross. That evening, we attended Captain's Dinner. She had on a black, sequin gown and looked eloquent. After dinner, we watched a Broadway Show. Next, we had our pictures taken, *the last picture her hand is on my heart*. We went to a club which had a dance floor. We're drinking champagne, and tipped glasses, congratulating one another for this magic night. This was way better than any New Year's Eve. We danced, sat down. She died.



I watched her stomach swell enormously, fluid expelled across the floor out of her mouth. She had been complaining about a pain in her leg. The compression and decompression of the aircraft caused a blood clot to let loose, and it exploded her heart. She died instantly and entered Heaven. I entered a state of unbelievable dis-belief, my mind was having a difficult time comprehending what It was witnessing. Everything went surreal, time was strange, and I was having difficulty understanding what the doctor was asking. "Was she on drugs?" What? No." "Are you on drugs?" No." Did she ever do

drugs?”” No.”” Did she have any medical conditions?”” No.”” How old was she?”

My mind was on overload, and I couldn't exactly remember, so I muttered early forties. He gave me a sleeping agent and a nerve pill. I still can't recall leaving the dance floor or anything after talking to the doctor. Evidently, I talked with the ship's captain. I woke up in an empty cabin and instantly smelled Mary Jo's perfume. It was like being in a trance, suddenly I'm at our cabin door. I mustered the strength to enter our room and pack everything up. When I opened our door, I felt a feeling somewhat like terror. I thought I might faint, so I sat down. The room that just yesterday had been filled with laughter and love was deadly quiet. I suddenly understood that love transcended life and death, a great peace washed over and instantly vanished. *Mary Jo was with me*, but I still started to tremble and sweat, my hand was shaking. I lay down on my back because I became slightly nauseous. I then felt something akin to fear and thought. I have to get out of here. Now. I very quickly packed up, every item I touched brought back recent memories, it felt somewhat like a dagger was in my chest. My God, the perfume smell became stronger. My blood pressure had to have been through the roof. If I wasn't still feeling the sedatives the doctor gave me, I probably would have fainted. Looking back, it was astounding I did what I did. I should have had the staff do this, but was certainly not reasoning properly. This was a nightmare and it was very real.

They set up a transoceanic call. I couldn't tell our children over the phone. Tracy was a freshman in optometry college, Tara was a senior in high school and Travis was in eighth grade. The only person I could think of was Mary Jo's mother, Jewel. She was one of the strongest individuals, male or female, I had ever met. A truly remarkable woman. She gasped and was quiet for a time that became somewhat worrisome. She told me later she almost fainted. The captain came and asked if I'd remembered last night's conversation, which I couldn't. He explained international law would have her body left off at this port of call, Nassau. He suggested she remain on the ship and would be back in the States

on Friday, eliminating red tape. I agreed. The ship made special arrangements and I flew out of Nassau. I remember sitting in the airport watching all the happy couples holding hands. Surreal. Nobody knew what I had just experienced. I was in first class flying to Pittsburgh, and the seat next to me was empty. It really hit me and I gasped. Immediately, I felt like a warm egg had been broken over my head, that same feeling of peace came through me. It didn't last but an instant, looking back I *know* it was Mary Jo with her head on my shoulder, just like when we had taken off only two days ago.

Tracy and I had an apartment in Columbus. She was in her first year of Optometry College at Ohio State. Jewel wisely thought she could not tell Tracy over the phone. She contacted Shane, Tracy's cousin, and asked if he could drive to Columbus to tell her. A half hour from the apartment; Shane made a mistake, he called to see if she was there. Tracy is highly intelligent and puts two and two together. Why would Shane be coming to see her? He told her over the phone. When he arrived at the apartment, it was in shambles. This was the worst half hour of her life.

## **Chapter 36: Paranormal Occurrences**



Mary Jo has visited me in dreams plus some extraordinary events that prove beyond the shadow of a doubt that miracles are natural occurrences. The reason miracles occur is to prove the Reality of Heaven. I was living in a single



bedroom apartment in an apartment complex. A friend and I were drinking a beer and had just started a movie on Netflix. It was Halloween. The buzzer went off, meaning someone wanted to enter the building. I answered the intercom, no-one. I determined they were probably trick and treaters. Several minutes later the buzzer went off again, no-one. The third time, I quickly left the apartment, so I could see the building entrance. They must have run fast. Started watching the movie, knock on the door. Nobody there. This was the type of building where there were no closed doors in the hallway due to fire code. What? Sat down, several minutes later there was another knock and I ran to the door. The hallway was empty. Ron asked, "What is going on?" "I have no idea." There was another knock and the door opened. The second time this happened, I saw the doorknob turn. I had an oak china cupboard from our old home, Mary Jo loved this antique. The door on the cupboard opened, I closed it, the door opened again and slowly moved back and forth. I started smelling roses, which were M.J.'s favorite flower. My friend couldn't. The para-normal stopped, we'd been paid a visit.

Becoming tired of telecommunications, I interviewed and was hired to become a dealer at Hollywood Casino. I was interested in becoming licensed to deal cards because I'm a decent poker player and knew nothing about craps or roulette. I paid \$300 to attend a 12-week training on blackjack, mini-baccarat, phy-gow plus the table games. After being employed for 90 days, the casino would reimburse the fee. This was a great, high paying job, I worked 7pm-2am and was employed for over two years. I was never late and used to my routine as I had worked there a long time. I'm lying around the pool and saw the time was 4:30. I worked out for an hour, took a shower and drove the 25 minutes to the casino. I arrived at work and was one hour late, it was 8:00. I quickly thought that I *had to* have looked at the time wrong. While dealing, I began reviewing the circumstance and came to a very strong conclusion. I *did not* look at the time wrong, for I had been on the same schedule for several years. *I had lost an hour.*

While working at Verizon, I helped a young lady in her twenties with a

phone issue. For some strange reason, I briefly explained Mary Jo's passing. I wondered after the fact why I had even brought up the subject with a complete stranger. She said, "And the ship made arrangements and flew you out of Nassau?" "Yes." She'd been on the cruise when fifteen years old. What are the odds of that? Several years later, I was drinking a few beers with a friend and several couples I didn't know. The subject of death came up and detailed discussions developed. After explaining our families' tragedy, one married couple said, "That was you?" They had been on the same cruise ship a year prior, and the crew were still talking about the beautiful lady who had suddenly died on the dance floor while enjoying a second honeymoon.

Looking back, these surprise and random meetings were messages from Heaven. What other explanation could there possibly be? To my knowledge, this was the last time Mary Jo visited. With three exceptions.

### **Chapter 37: The Emmaus Walk**



This is a really amazing miracle. The Emmaus Walk. Ahnora called, out of the blue, and asked if I would be willing to attend a three-day seminar at a church. She was an old friend who lived in North Carolina. She said it would be on a weekend, I'd go in on Friday night and leave on Sunday. Explaining the retreat is called The Emmaus Walk and I could only be sponsored by those who had been on one, which she had. I asked what does the walk mean and what's



the purpose. She said two men had been walking toward a town called Emmaus after Jesus had been crucified. A third man joined them and proceeded to explain what their Scripture truly means. The Old Testament. His wisdom astounded the men. They arrived at their destination and made lunch. The moment they broke bread, the men's eyes were opened, and they saw they had been talking with Jesus. He vanished. A miracle.

She had no idea if I would benefit from the retreat, she knew several who had. I agreed to attend. The weekend came, an elderly gentleman picked me up at home. The church was forty-five minutes west. There was a beautiful sunset. I asked him what people had derived. He explained I would learn something, he had no idea what. We arrived, and they collected our cell phones and watches. We would have no idea of time and would be awakened by hand bells. People on social media have suggested the reason they took our phones was so they could be hacked to steal identities thus explaining the following miracle. This was not possible, I'm a good judge of character from years in big-ticket sales; these giving and caring folks were far too sincere. There were seventeen of us, all men. The minister informed us that volunteers would be continually praying for us in the chapel. Around the clock. All food was home cooked. Let's say you wanted a Mountain Dew, and they didn't have it, you would have a Mountain Dew shortly. Incredible service. Saturday morning came, and we all met in a conference room and broke into groups. There were five in my group and we were asked to assign a spokesman. The minister explained we would be listening to speakers who had experienced traumatic events and how they survived. We were to take notes. Late Sunday afternoon, our speaker would explain to all, what our group had learned. Two speakers I remember. One man had been sodomized by a priest for several years when young. The other was an elderly, big man with a deep voice. He'd been head minister of a large local church. When his trauma started, he was in his sixties. One morning, he was holding a toothbrush and had no idea what it was for. His wife found him sitting on the kitchen floor, crying. He went

through months of therapy for deep clinical depression.

Sunday afternoon came and the five of us explained individual lessons learned. A mutual decision was made about what our spokesman should explain. I had told my group about Mary Jo. After a moment, I said, "Gentlemen, I've never explained in public what our family experienced and how we survived. I'd be honored to do so now." All agreed, our turn came. After talking for about twenty minutes, the minister plus several others shook my hand. I explained I was a messenger, simply trying to help others understand tragedies they've experienced. Two men explained what they had been going through. One was elderly and taking care of his wife, who was dying of cancer. What I had said about death being an illusion, and we live forever, touched him deeply. The other was a married young man with three children. He said he had lost his job and his employment was about to expire. I'd explained that worry does nothing but rob us of peace. I'd also briefly talked about our ego and how it wants us to be either living in the past or worrying about the future. In doing so, we're not living in the moment and talking to God now. The young man shook my hand and said, "Thank you." "You're Welcome". I simply told the truth.

Saturday night we went to the empty sanctuary where services were held. The auditorium was huge. Communion was offered, certainly not mandatory. All of us accepted. Sunday evening was when the miracle occurred, several were astounded, as was I. We again went to the sanctuary, naturally expecting it to be empty. When the doors opened, there were hundreds of people holding candles. All for the men who had just completed The Emmaus Walk. I experienced a wave of Indescribable Love. We walked to our seats and I was extremely surprised to see Ahnora. The church had paid for her flight from the Carolinas to welcome me to the Walk. This was an absolutely beautiful gesture. The congregation left, and we were advised to take communion. This time we were instructed to put something on the bread no longer wanted and someone else would ingest. I placed on the bread that I wanted complete healing of the pain of losing Mary Jo.

*I was totally and forever healed.*

We were packing and a young man I had met last night came over. He was married with three children, worked two jobs, and was a gifted guitarist. He said, "Mary Jo was blond, right?" "Yes." "And she enjoyed dressing in black?" "Yes." "Who is Travie?" "Our nickname for our son, Travis." "And you have a favorite picture of Mary Jo's, you're lying on your back with a baby on your chest and her name starts with a T, Who's that?" Tara." I was amazed and asked, "How do you know this?" Mary Jo had come to him in a dream and wanted me to understand how pleased she was with how well our children had turned out. She also said how deeply she loves me and that I'll be with her very, very soon. How could he have possibly known that information? *Those who ask for proof that God exists, now have it.*

The driver drove Ahnora and I back to my apartment. We talked for hours about our families and how extremely fortunate we are for the beautiful faith we share. She's also experienced some miraculous interventions from Heaven and is a student of the Course. Ahnora flew out the next day and had been the author, if you will, of the greatest miracle of my life.

## **Chapter 38: The Most Astounding Experience I'll Ever Have**



I was hesitant to include this due to the drug issue but what occurred during Mary Jo's last visit is very true so here goes. I did a lot of research for another manuscript and this is the factual information I discovered. Clinical studies are underway in California and Switzerland concerning the use of microdosing LSD to greatly alleviate the suffering of people with severe bipolar issues, deep depressions, acute anxieties and even schizophrenia. The results are astounding in that people are being cured.

Microsoft Bing, "LSD is a popular psychedelic drug that alters the state of your mind in significant ways. This potent drug binds to specific brain cell receptors and alters how the brain responds to serotonin, a neurotransmitter that regulates emotions, moods, and perceptions. Microdosing LSD involves taking a very small dose of the substance, usually around 5-10% of the amount necessary to induce psychoactive effects. Some preliminary research and anecdotal evidence suggest that microdosing LSD may have *numerous* benefits. These include the ability to enhance cognitive processes and abilities, increase energy levels, improve emotional balance and mood, reduce anxiety, help treat depression, and help treat addiction and reduce substance misuse. Overall Risk: Considering the millions of doses of LSD consumed over decades, the overall risk of death is extremely low. Responsible use: Proper mindset and peaceful settings are crucial to minimizing risks."

When it was legal, the military gave it to volunteers to see if their deadly combat skills improved. That didn't work, soldiers would end up singing in trees, smiling constantly at flowers or looking at the stars and universe. I've been playing chess since I was 13 and am still just average, on LSD I was unbeatable. The chemical activates brain receptors that are normally used when dreaming. I have never advocated anyone to take the drug. I haven't taken any psychedelics in over 15 years, at my age there is no longer a want or need. That being said, I will offer my personal experiences. I have tripped hundreds of times and was usually alone. For me, it has always been a very rewarding spiritual

adventure, I would say a little prayer before ingesting. From an economic standpoint, it is extremely cheap, for \$5.00 the high lasts about 8 hours. When in a controlled setting, like being at home listening to favorite music, the sensations are wonderful. Imagine sound turning to color, beautiful patterns and shapes appearing in everything you look upon. *I have never experienced a bad trip and there have been no flashbacks.* What is crucial is being in a calm environment. I feel hallucinogens would greatly help heroin and fentanyl addicts because they are not addictive *at all* and offer states of beauty and peace. Opiates deaden, psychedelics enhance.

Sixteen years ago I transitioned on LSD every weekend for over a year. Where you may take half of one, I'd take two. I was usually alone but sometimes with a couple of friends who weren't aware I was tripping, they enjoyed my company, and we always laughed a lot while listening to good music. One Sunday morning, seven friends who I used to go to festivals with and hadn't seen in years were sitting on the floor in my living room. They were all very familiar with L from our rock concert days. Jordan said, "Bob, you need to take ten." She was referring to the original Grateful Dead LSD. I took the strip, held it in my mouth, and swallowed. She said, "OMG, you took twenty." Doubled over.

This occurred fifteen years ago and was the last time I'd ever take LSD.

An hour later, everyone had taken just one hit and were sitting in a circle talking. I began seeing their auras vibrate and change color predicted on what they're discussing. This was mesmerizing as I had never experienced watching people *truly* communicating. Questions were immediately understood perfectly and answered accordingly. Everyone was talking at once, but I somehow heard and understood all their faultless different points of view concerning life. The discussions went from childhood memories to extreme trials to beautiful experiences. They talked of dancing, drum circles, dreams, lost loves, incredible vacations, hellish experiences and the Heavenly visions that brought them out. They discussed eternity. Their laughter was like beautiful music and the whole

room was enveloped in a soft golden light. I held a crystal rock up in my right hand, and bright, shimmering, red liquid light came out of its structure, traveled down my arm and entered the top of my spine. All Chakras opened and released unbelievable energy throughout my entire being. My third eye opened, and the brilliant light exploded into countless astonishing colors.

*I'm looking at Mary Jo.*

She's wearing a white, luminous, flowing gown with a billowing blue cape. Her long hair is glowing and somehow moving. Her eyes are a beautiful, vibrant, piercing blue. She's surrounded by a translucent golden light and looks like she's inside a prism. A soft, magnificent array of different instruments were playing sounds and chords I had never heard. Such beautiful music was breathtaking. I was gazing at colors I had never seen and listening to sounds never heard. Roses appeared, danced, and vanished. I saw bonfires next to the Celestial Sea. Myriads were laughing, dancing, swimming, and playing games with whales and dolphins. Angels appeared and surrounded all. I saw visions of rivers, lakes, oceans, forests, and mountains. Mansions were made of numerous woods and precious minerals, streets of gold. I felt an enormous sense of Peace. I could fly. A staggering feeling of Love saturated every minuscule part of my being. I briefly saw the Throne Room of God. Mary Jo is smiling, and her form starts to vibrate and emit varying colors of brilliant light. She smiled wider and slowly vanished. I heard her voice whisper, "My Love, you'll be Home and with me soon, very soon."

This experience is embedded to my very core, and I will *never* have anything as astonishing occur. I ended up in my bedroom listening to Enya. I understand skeptics will say Mary Jo's visitation was a complete fabrication due to the LSD. My answer is, "The Absolute Radiance of what I not only saw but felt, heard and perfectly understood came from outside myself." Bob

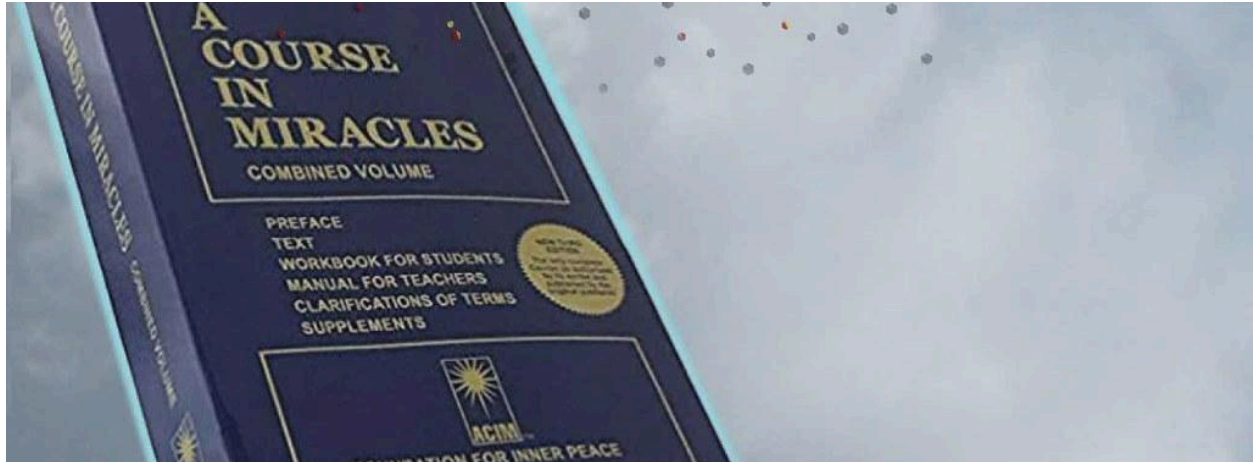
## Chapter 39: My Birthday Gift From Heaven

This is *mind-blowing*. I was finishing a manuscript on my 71st birthday in November 2023. The reason I place so many prints throughout is I want the pictures to flow with these beautiful and magnificent truths. I came upon this quite by accident and was stunned, to say the least. This is *exactly* how Mary Jo looked when we were first married, even the way she's holding her hands. She gave me a birthday present from Heaven. Love is Eternal.





## Chapter 40: ACIM Core Beliefs

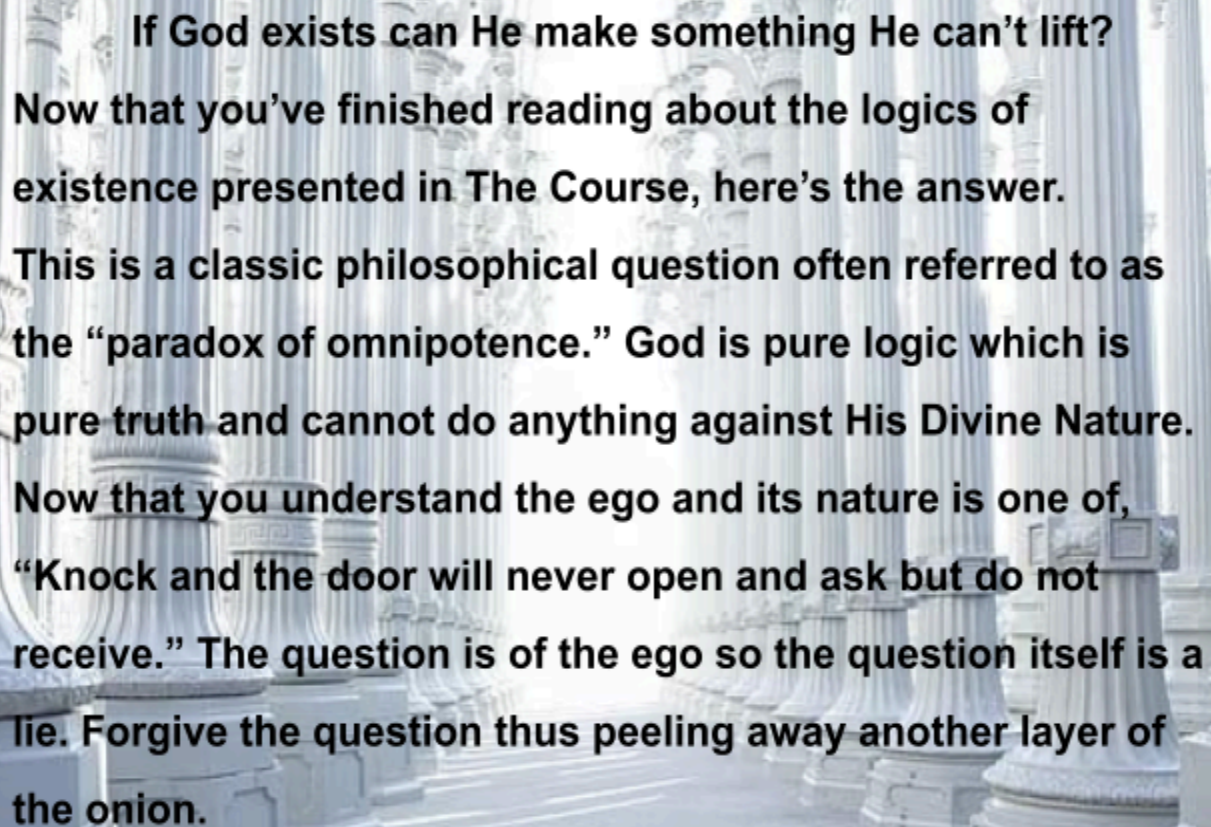


1. This world is not real. God did not create this world nor even know of its existence. The entire universe is an illusion dreamt by the Son of God.
2. Pure non-duality: Anything that comes from God must be exactly like Him. God could not create anything that is not perfect, or else He wouldn't be perfect.
3. Consciousness is the domain of the ego and was conceived after we dreamt of separation.
4. Spirit is unchanging, perfect, and eternal. This is the state of Heaven.
5. Truth is not different for everyone. Truth is truth.
6. There are no levels in Heaven. All conflict arises from the concept of levels. We are either enlightened and back in reality with God, or still dreaming of separation. Only life in Heaven is real.
7. Life in all its myriad forms or possibilities is already scripted at the instant of separation. The only choice is in our mind, where we decide to identify with the Holy Spirit or with the ego, when interpreting each moment.
8. Life in this world is insane. Nothing makes sense in this world. The world was made as an attack on God.
9. There is only one higher self, the Holy Spirit. Also known as the Voice for God, our memory of God, or the reflection of God's love in our dream.
10. Collectively, we are the Son of God. God created only One Son of God.
11. There is no evil or devil, only illusory madness projected by our ego mind and thankfully, they are not real.

12. Every attack is an attack upon ourselves. We project our unconscious guilt onto (dream) figures or situations that seemingly attack us. So now they are guilty, not us. The cause of our guilt arises from our imagined separation from God.

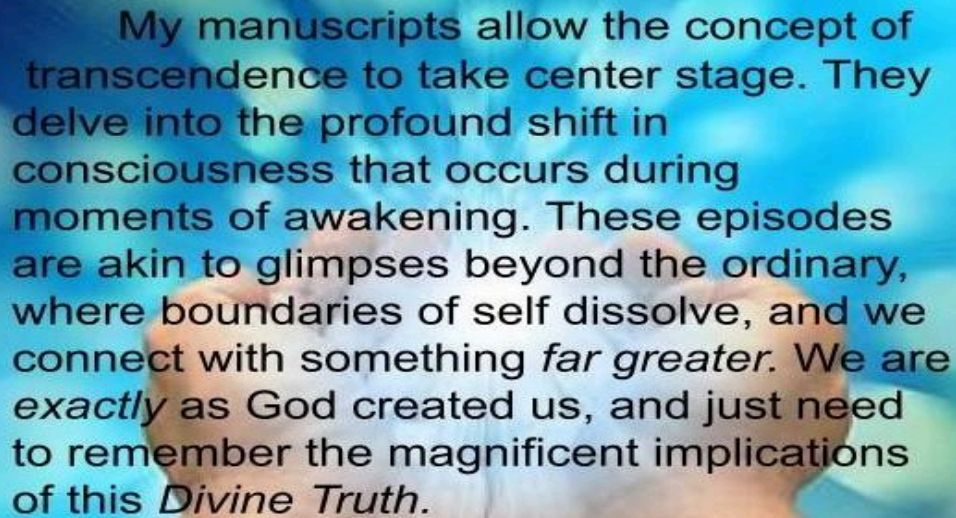
13. Life is a lesson. Every opportunity is used by the Holy Spirit to teach forgiveness to undo the ego mind.

14. Time and space are illusions, and Spirit has nothing to do with them.



**If God exists can He make something He can't lift?**  
**Now that you've finished reading about the logics of existence presented in The Course, here's the answer.**  
**This is a classic philosophical question often referred to as the "paradox of omnipotence." God is pure logic which is pure truth and cannot do anything against His Divine Nature.**  
**Now that you understand the ego and its nature is one of, "Knock and the door will never open and ask but do not receive." The question is of the ego so the question itself is a lie. Forgive the question thus peeling away another layer of the onion.**





My manuscripts allow the concept of transcendence to take center stage. They delve into the profound shift in consciousness that occurs during moments of awakening. These episodes are akin to glimpses beyond the ordinary, where boundaries of self dissolve, and we connect with something *far greater*. We are *exactly* as God created us, and just need to remember the magnificent implications of this *Divine Truth*.

## Epilogue

What I find absolutely beautiful is the magnificence of God's Eternal Love for All. When I accepted the Truth, God Is, all those years ago, I had no idea it would lead me to my current level of understanding. Perception is the domain of the ego, wisdom is of the Spirit. At first, the mental construct of I am the Christ was a little hard to swallow. After study and prayer, I realized everybody is. We are transcending into Christ Beings from frail human beings. We, truly are, our own worst enemy. God's very nature is one of complete extension, meaning All Source Is, is freely given to us. We Are God's first creation, and all that is was made for us. All the Divine asks of us is to forgive. He/She has never once requested us to even believe. What I have, all will have, and this is just the very beginning.

A peaceful mind is our natural state and is a beautiful way to live. I'm never worried or upset about anything. Knowing we cannot sin against God, that hell does not exist, and that life outside of Heaven is impossible are Divine Truths that the human race has been searching for over countless centuries. We are Extremely Blessed to have them given to us in the year 2024. We live forever and will be Co-Creators with God for All Eternity because Love is not an emotion but a Force. As you share this magnificent information, you will be given more to share. Guaranteed. What higher calling could any of us have then to assist the Divine in waking up God's Son? If you forgive all, are enjoying peace and becoming truly happy. God will awaken you from your dream in a cosmic moment, and you'll realize every experience in time was just preparing you for your True Home. Heaven. God Is. Bob

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